Jessica Lynn Cascio

Curriculum Vitae

Department of Psychology Phone: (512) 297-5656

Texas State University E-mail: [jcascio@txstate.edu](mailto:jcascio@txstate.edu)

601 University Drive  
San Marcos, Texas 78666-4684

**Educational Background**

**Ph.D. (2017)** Florida State University

Program: Social Psychology

Advisor: Dr. Ashby Plant

Dissertation: Concerns about Misidentification as Gay/Lesbian and Fear of Sexual Advances.

**M.S. (2010, May)** Lamar University

Major: Industrial and Organizational Psychology

Advisors: Dr. Judith Mann, Dr. James Esser

**B.S. (2008, August)** Lamar University

Major: Psychology

                                    Minor: Criminal Justice

Graduated summa cum laude

**Teaching Experience**

**Senior Lecturer**

Course: Introduction to Psychology (fact to face) Fall 22 (current)

Course: Personality Psychology (online) Fall 22 (current)

**Assistant Professor**

Course: Social Psychology (face to face), NMSU Fall & Spring 17-18, 18-19, 19-20, 20-21, 21-22

Course: Social Psychology (online), NMSU Fall, Spring, & Summer 17-18, 18-19, 19-20, 20-21, 21-22 (current)

Course: Personality Psychology (face to face), NMSU Fall & Spring 17-18, 18-19, 19-20, 20-21, 21-22

Course: Personality Psychology (online), NMSU Fall, Spring, & Summer 17-18, 18-19, 19-20, 20-21, 21-22

Course: Psychology of Groups and Teams Spring 2019

**Teaching Assistant: Instructor of record**

Course: Social Psychology, Florida State University Fall 2013, Spring 2014, Summer 2014, Summer 2016

Course: Personality Psychology, Florida State University Fall 2015

Course: Learning and Study Skills, Lamar University Fall 2008

**Teaching Assistant: Lab Instructor**

Course: Research Methods in Psychology, Florida State Fall 2012, Spring 2013

Course: Methods in Psychology, Lamar University Spring 2009, Fall 2010, Spring 2010

Course: Experimental Psychology Lab, Lamar University Spring 2009, Fall 2010, Spring 2010

**Professional Development**

Teaching Psychology Practicum: January-August 2012

Preparing Future Faculty/Program for Instruction Excellence workshops: 2013-2016

Society for Social and Personality Psychology Teaching Pre-conference: 2015-2020

.EDU Learning, Teaching, Technology, Innovation Conference 2018

Participating (Mentee) in the Society for Teaching of Psychology Mentoring Program

LTC Online Course Development training

Completed university Social Justice Institute

Society of the Teaching of Psychology’s Annual Conference 2019, 2020, 2021

Teaching Online @ TxState certification (SACSCOC requirements for online instructors)

**Classes to Teach**

Social Psychology

Personality Psychology

Research Methods 1 and 2

Introduction to Psychology

Writing in Psychology

Developmental Psychology

Industrial/Organizational Psychology

Psychology of Prejudice

Psychology of Romantic Relationships

Psychology Statistics

Moral Psychology

Multicultural Psychology

Psychology of Women

**Research Interests**

Incorporating diversity in the classroom

Concealable stigma

Sexual orientation

Diversity/safe zone training

Racial prejudice

Moral motivations

Moral licensing

**Publications**

Beck, C. L., **Cascio, J. L**., & Plant, E. A. (2022). Contagion concerns inhibit the confrontation of bullying behavior. *Manuscript under review.*

Plant, E. A., & **Cascio, J. L.** (2022). Gender Differences in Sexual Prejudice: The Role of Social Contagion Concerns. *Manuscript in revision.*

**Cascio, J. L.,** & Plant, E. A., (2016). Judged by the company you keep? Exposure to nonprejudiced norms reduces concerns about being misidentified as gay/lesbian. *Personality and Social Psychology Bulletin.*

**Cascio, J. L.**, & Plant, E. A. (2015). Prospective moral licensing: Does anticipating doing good later allow you to be bad now? *Journal of Experimental Social Psychology*, 56, 110-116.

**Works in Prep**

Plant, E. A., & **Cascio, J. L.** Gender differences in Sexual Prejudice: The Role of Social Contagion Concerns. *Manuscript in revision.*

**Cascio, J. L.** Increasing diversity across the social psychology curriculum through discussion assignments. *Manuscript in prep.*

**Cascio, J.** **L.** & Benoit, L. M. A comparison of mindfulness based cognitive therapy and cognitive behavioral therapy: A meta-analytic comparison of effect sizes. *Manuscript in revision.*

Church, A.\* & **Cascio, J. L.** An exploration of personality and the ability to detect facial expressions of emotion. *Manuscript in prep.*

Shepherd, M. A, & **Cascio, J. L.** Is personality married to clinical or social? A review of introductory personality textbooks. *Manuscript in prep.*

\*Denotes undergraduate research mentee as first author

**Presentations**

**Cascio, J. L.** (2021, October). Using Interteaching in a Synchronous Zoom Class. Online poster presented at the 20th Annual Conference on Teaching.

**Cascio, J. L.** (2020, October). Diversity Across the Social Psychology Curriculum. Recorded virtual talk presented at the 19th Annual Conference on Teaching.

Church, A.\*, & **Cascio, J. L**. (2020, April). An Exploration of Personality and Interpreting Facial Expressions. 39th annual meeting of the Great Plains Students’ Psychology Convention, Saint Joseph, Mo.

Twenter, M.\*, Zorich, E.\*, & **Cascio, J. L**. (2020, April). Game Genres and Personality. Poster presented at the 39th annual meeting of the Great Plains Students’ Psychology Convention, Saint Joseph, Mo.

Shepherd, M. A, & **Cascio, J. L.** (2019, October). Is Personality Married to Clinical or Social? A Review of Introductory Personality Textbooks. Poster presented at the 18th Annual Conference on Teaching, Denver, Co.

**Cascio, J. L**., Beck, C. L., & Plant, E. A. (2019, February). Barriers to Confronting Bullying: Fears of Misidentification Based on Sexual Orientation. Poster presented at the 20th annual meeting of the Society for Personality and Social Psychology, Portland, Or.

Smith, E. C.\*, & **Cascio, J. L**. (2018, April). Diversity in Social Psychology. Poster presented at the 38th annual meeting of the Great Plains Students’ Psychology Convention, Topeka, Ks.

Arbogast, C.\*, & **Cascio, J. L.** (2018, April). Concerns about Misidentification as Gay/Lesbian and Fear of Sexual Advances. Poster presented at the 38th annual meeting of the Great Plains Students’ Psychology Convention, Topeka, Ks.

**Cascio, J. L**., & Plant, E. A. (2018, March). Concerns about Misidentification as Gay/Lesbian and Fear of Sexual Advances. Poster presented at the 19th annual meeting of the Society for Personality and Social Psychology, Atlanta, Ga.

**Cascio, J. L**., & Plant, E. A. (2017, January). Exposure to Nonprejudiced Peers Reduces Concerns about Being Misidentified as Gay/Lesbian. Poster presented at the 18th annual meeting of the Society for Personality and Social Psychology, San Antonia, Tx.

**Cascio, J. L**. (2016, November). Exposure to Nonprejudiced Peers Reduces Concerns about Being Misidentified as Gay/Lesbian. Society of Southeastern Social Psychologists Convention. Asheville, NC.

**Cascio, J. L**., & Plant, E. A. (2016, February). Exposure to Nonprejudiced Peers Reduces Concerns about Being Misidentified as Gay/Lesbian. Poster presented at the 17th annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

**Cascio, J. L**., & Plant, E. A. (2015, February). Gender Differences in Sexual Prejudice: The Role of Social Contagion Concerns. Poster presented at the 16th annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.

**Cascio, J. L**., & Plant, E. A. (2014, February). Judged by the Company You Keep? Nonprejudiced Norms Reduce Concerns About Being Misidentified as Gay/Lesbian. Presented at the 15th Annual Convention of the Society for Personality and Social Psychology, Austin, TX.

**Cascio, J. L**., & Plant, E. A. (2013, January). Imagined Moral Licensing: Does Planning to do Good Later Allow You to be Bad Now? Presented at the 14th annual convention of the Society for Personality and Social Psychology, New Orleans, LA.

**Cascio, J. L**., Zielakowski, K., & Plant, E. A. (2012, August). Sex Differences in Social Contagion Concerns. Presented at 120th American Psychological Association Annual Convention, Orlando, FL.

**Cascio, J. L.** (2009). The role of informational influence and ambiguity in conforming to perceptions of sexual harassment. Southwestern Psychological Association Convention, Dallas, TX.

**Cascio, J. L**. (2009). The role of informational influence and ambiguity in conforming to perceptions of sexual harassment. Student Research Symposium, Lamar University, Beaumont, TX.

**Cascio, J. L.** (2008). Can television change you? The effect of media exposure on attitudes towards homosexuality. Student Research Symposium, Lamar University, Beaumont, TX.

\*Denotes undergraduate research mentee

**Service and Student Support**

Chair of university IRB 2021-current

Department representative for the university Inclusive Excellence Action Team 2021-current

University IRB member- 2020-2021

Chair of psychology department IRB 2019-2021

Chair of psychology special topic committee 2019-2020

University research committee member 2017-2019

Psychology Undergraduate Committee 2017-current

LGBTQIA library guide collaboration with library and DEI 2019

Coordinator- Faculty/student research groups 2017-2019

Faculty moderator for Cider and Conversation organized by Inclusion Committee 2017

Reviewer for article at Journal of Experimental Social Psychology November/December 2017

Chaired a lunchtime table discussion at SPSP Teaching Preconference – Navigating the Job Market and First Year 2017

**Honors and Awards**

SPSP Graduate Student Travel Award (2017)

W. Russell and Eugenia Morcom Award, Social Psychology Poster, Psychology Department Graduate Research Day (2016)

Edward E. Jones Award for Excellence, Honorable Mention, Social Psychology Paper (2015)

W. Russell and Eugenia Morcom Award, Third Place Talk, Psychology Department Graduate Research Day (2013)

SPSP Student Poster Award Finalist (2013)

Southwestern Psychological Association Graduate Research Finalist (2009)

Graduate scholarship from Psychology Department, Lamar University (2009)

Member of Phi Kappa Phi Honors Society (2008)

Member of Psi Chi Psychology Honors Society (2008)

Plummer Award for 4.0 undergraduate GPA (2008)

**Professional Memberships**

American Psychological Association 2011-Present

Society for Social and Personality Psychology 2011-Present

Society for Teaching of Psychology 2017-Present

**References**

Cris Jacobson

Department of Behavioral Sciences

Northwest Missouri State University

(660) 562-1963

[crisj@nwmissouri.edu](mailto:crisj@nwmissouri.edu)

Bradlee Gamblin

Department of Behavioral Sciences

Northwest Missouri State University

(660) 562-1012

[bgamblin@nwmissouri.edu](mailto:bgamblin@nwmissouri.edu)

E. Ashby Plant

Department of Psychology

Florida State University

(850) 644-5533

[plant@psy.fsu.edu](mailto:plant@psy.fsu.edu)