

CURRICULUM VITA

Theresa J. Garcia, PhD, RN

Director, Associate Professor, St. David's School of Nursing
Texas State University, Round Rock, Texas State University

Email: tgarcia@txstate.edu

Cell phone: (512) 921-8638

ACADEMIC/PROFESSIONAL BACKGROUND

Educational Background

Doctor of Philosophy	2013	The University of Texas at Austin, Austin, Texas	Nursing	Dissertation: "Person-Centered Chronic Illness Management in the Nursing Home"
Bachelor of Science	1984	The University of Texas at Austin, Austin, Texas	Nursing	

University Experience

08/2024 – Present	Director, Associate Professor, Tenure Track	St. David's School of Nursing, Texas State University, Round Rock, Texas
11/2023 – 08/2024	Interim Director, Associate Professor, Tenure Track	St. David's School of Nursing, Texas State University, Round Rock, Texas
08/2021 - Present	Associate Professor, Tenure-track	Texas State University, St. David's School of Nursing, College of Health Sciences, Round Rock, Texas
05/2021 – 08/2021	Associate Professor, Tenured	Texas A&M University-Corpus Christi – College of Nursing and Health Sciences, Corpus Christi, Texas
12/2017 – 06/2020	Doctor of Nursing Practice Program Coordinator	Texas A&M University-Corpus Christi – College of Nursing and Health Sciences, Corpus Christi, Texas
09/2013 – 05/2021	Assistant Professor, Tenure track	Texas A&M University-Corpus Christi – College of Nursing and Health Sciences, Corpus Christi, Texas
01/2012 – 05/2012	Graduate Teaching Assistant	The University of Texas at Austin, Austin, Texas
07/2010 – 08/2013	Graduate Research Assistant	The University of Texas at Austin, Austin, Texas

Relevant Professional Experience

02/ 2011 – 09/ 2013	Senior Legal Nurse Consultant	Bowman and Brooke LLP, Austin, Texas
---------------------	-------------------------------	--------------------------------------

07/1998 – 02/2011	Senior Legal Nurse Consultant	Clark, Thomas & Winters, P.C., Austin, Texas
01/1996 – 07/1998	Legal Nurse Consultant; Owner	Med-Link Consulting, Austin, Texas
11/1992 – 07/1998	Pediatric Primary Care Nurse	The Austin Diagnostic Clinic, Austin, Texas
12/1991 – 01/1994	Pediatric Intensive Care Nurse	Interim Healthcare, Austin, Texas
10/1989 – 11/1991	Pediatric Intensive Care Nurse, Charge Nurse, Preceptor	Brackenridge Children's Hospital of Austin, Austin, Texas
01/1988 – 10/1989	Quality Assurance/Risk Management Coordinator	Northeast Community Hospital, Bedford, Texas
03/1987 – 03/1988	Medical Auditor	Medical Cost Consultants, Inc., Clear Lake, Texas
02/1985 – 03/1987	Pediatric Intensive Care Nurse, Charge Nurse, Preceptor	Children's Medical Center of Dallas, Dallas, Texas

Other Professional Credentials

Registered Nurse	1985-present; Renewal due: 1/31/2026	State of Texas
Basic Life Support (CPR and AED)	2021-2024 1985-2011	American Heart Association

TEACHING

Teaching Honors and Awards

2019	Featured on the Provost's "Why I Teach" Video Series at the President's Spring Faculty and Staff meeting, Texas A&M-Corpus Christi
2017	Outstanding Master's Mentor Award Finalist, Texas A&M-Corpus Christi, College of Graduate Studies
2015–2016	Outstanding Mentor Award, Honors Program, Texas A&M-Corpus Christi
2015	Pictured on the "Carrying the Torch" Mural by Dr. Arnold Gonzalez, honoring Coastal Bend Nurse Educators

Courses Taught

Texas State University, Round Rock, Texas

NURS-5366	Master's: Leadership Art: Health Policy & Advocacy (Fully online)
NURS-5391	Master's: Translational Science for Evidence-Based Practice (Capstone course; Fully online; partially re-designed course with another faculty)
NURS-5371	Master's: Clinical Prevention and Population Health (Fully online; partially re-designed course with another faculty)
NURS-5362	Master's: Leadership Science: Patient Safety, Risk Management, Legal & Regulatory Requirements (Fully online)
NURS-5367	Master's: The Leader Within: Professional Accountability, Succession Planning and Reflective Practice I (Fully online; partially re-designed course with 40-hour mentored project)

- NURS-5368 Master's: The Leader Within: Professional Accountability, Succession Planning and Reflective Practice II (Fully online; partially re-designed course with 40-hour mentored project)
- NURS-3302 Undergraduate: Research and Ethics (Face-to-Face Lecture)

Texas A&M University-Corpus Christi, Texas

- NURS-6300 Doctoral: Leadership in Health Policy (Fully online; designed course)
- NURS-6301 Doctoral: Epidemiology & Statistics for Evidence-Based Practice (Fully online)
- NURS-6211 Doctoral: Introduction to the Scholarly Project (Fully online; designed course)
- NURS-6304 Doctoral: Application of Evidence in Practice I (Fully online; designed course)
- NURS-6308 Doctoral: DNP Project Proposal (Fully online; designed course)
- NURS-6311 Doctoral: DNP Project Report (Fully online; course redesign)
- NURS-6321 Doctoral: Application of Advanced Principles for Clinical Practice (Fully online; course redesign)
- HCAD-5330 Master's: Health Law and Ethics (Fully online; designed course)
- NURS-5314 Master's: Research Methods in Advanced Nursing Practice (Fully online; course re-design)
- NURS-5315 Master's: Health Policy and Cultural Diversity (Fully online; course re-design)
- NURS-5469 Master's: Patterns of Care Delivery (Fully online)
- NURS-4318 Undergraduate: Nurse as Research Consumer (Face-to-face Lecture, Fully online, and Blended formats; course re-design)
- NURS-4660 Undergraduate: Nursing Care of the Community Health Client (Face-to-face lecture; course re-design)
- NURS-4150 Undergraduate: Professional Nursing Issues II (Face-to-Face lecture)
- NURS-4324 Undergraduate: Nurse as a Caregiver (Fully online)
- HONR-4195 Undergraduate: Project of Excellence (Independent study; designed course)

Directed Student Learning

Doctor of Nursing Practice Projects

- | | | | |
|-----------------|---|-----------|-----------------------|
| Esther Sitienei | "Improving Provider Obesity Management for Latino Adolescents through a Clinic-Community Program Partnership" | 2019-2021 | Role: DNP Chair |
| Deborah Smith | "Use of a Multifactorial Fall Protocol in Primary Care to Reduce Falls in Older Community Dwelling Adults" | 2020-2021 | Role: DNP Chair |
| Sabita Sigdel | "Implementing an Antibiotic Stewardship Program to Decrease Antibiotic Overuse in a Primary Care Clinic" | 2020-2021 | Role: DNP Chair |
| Lisa Beal | "Implementation of Obstructive Sleep Apnea Screening Tools in Hemodialysis Centers for Patients with End-Stage Renal Disease" | 2020-2021 | Role: Project Advisor |
| Betsy Mathews | "Quality Initiative to Increase Home-Based Dialysis Selection in Adult Veterans with Advanced Chronic Kidney Disease" | 2020-2021 | Role: Project Advisor |

Deborah Potter	“Improving Hispanic Childhood Obesity Using an Algorithm-Based Quality Initiative in Pediatric Primary Care”	2018-2020	Role: DNP Chair
Jennifer Harper	“A Quality Initiative to Improve Primary Care Self-Management Education for Mexican American Type 2 Diabetes Patients Using a Culturally-Tailored Protocol”	2019-2020	Project Advisor
Kristy Aleman	“A Health Policy Education Initiative to Increase Political Self-Efficacy in Texas Nurse Practitioners”	2019-2020	Role: DNP Chair
Jincy Jacob George	“Improving Cancer Caregiver Support through a Focused Caregiver Preparedness Program”	2018-2020	Role: Project Advisor
Charlotte Isah	“A Quality Initiative Implementing CDC’s STAT Toolkit to Prevent Prediabetes Progression in Primary Care”	2018-2020	Role: Content Expert
Derek Arredondo	“Anticholinergic Burden Screening and Reduction for Older Adults in Long-Term Care”	2017-2019	Role: DNP Chair
Ashley Pesina-Garcia	“Improving Child Obesity Screening and Management Provider Practices in a South Texas Pediatric Clinic”	2017-2019	Role: DNP Chair
Hugo Lopez	“Improving Self-management of Type 2 Diabetes through Enhanced Diabetes Education in Adult Hispanic Males with Machismo”	2018-2019	Role: Content Expert
Priscilla Layton	“Minimizing Congestive Heart Failure Readmissions from the Nursing Home through Focused Nursing Education”	2018-2019	Role: Project Advisor
Donna Schumann	“Reducing Overflow_Incontinence to Help Prevent Pressure Ulcers in Individuals with Spina Bifida”	2018-2019	Role: Project Advisor
Stephanie Patel	“Improving Pediatric Dyslipidemia Screening and Follow-up in Primary Care”	2017-2019	Role: Project Advisor
Christie Holder	“The Low Carbohydrate Diet Controversy in Type 2 Diabetes: An Integrative Review of the Literature Using the Chronic Care Model”	2017-2018	Role: DNP Chair
Olubanke Babalola	“A Quality Improvement Initiative to Improve Diabetes Self-Care Education for Hispanic Older Adults Using a Culturally-Sensitive, Age-Specific Approach”	2016-2018	Role: Project Advisor
Ashley Hughes	“Reducing Nurse Practitioner Turnover in Home-Based Primary Care: A Department of Veterans Affairs Quality Improvement Project”	2017-2018	Role: Content Expert

Laura Moreno	“Nurse Practitioner Led Telehealth to Improve Outpatient Pediatric Tracheostomy Management in South Texas”	2017-2018	Role: Project Advisor
Patricia Niles	“A Vivir! A Plant-Based Diabetes Prevention Program for Hispanic Older Adults in South Texas”	2017-2018	Role: Content Expert
Amy Thornberry	“Occupational Health Nurses’ Self-Efficacy in Implementing Smoking Cessation Interventions for Workers: A Manufacturing Company Quality Improvement Project”	2017-2018	Role: Content Expert

Selected Master’s Capstone/Theses

Danielle M. Schultz	“A Quality Initiative to Decrease Call Light Use and Increase Patient Satisfaction through Hourly Nursing Rounds”	2023	Role: Capstone Chair
Bernadette S. Elliott	“Development and Implementation of an ECMO Algorithm to Improve Team Recognition and Resolution Times: A Quality Improvement Project”	2023	Role: Capstone Chair
Cynthia Daemen	“A Quality Initiative Using Triage Protocols in the Emergency Department to Reduce Length of Stay in the Low Acuity Patient”	2023	Role: Capstone Chair
Jessica Basa	“Barriers in Seeking Treatment for Perinatal Depression in Low-Income African Americans”	2022	Role: Capstone Chair
Lanh T. Duong	“Effects of Delayed Antibiotic Prescribing Vs. Immediate or No Antibiotic For URI’s in Primary Care: A Systematic Review”	2022	Role: Capstone Chair
Claudia Gaytan	“Interventions to Manage Weight Gain for Pediatric Population on Antipsychotics”	2022	Role: Capstone Chair
Pasha Matthias	“Stakeholders’ Perceptions of Universal Mental Health Screening in Schools: A Systematic Review of the Literature”	2022	Role: Capstone Chair
Lejla Medic	“Effects of Gender-Affirming Care on Depression and Suicidality in Transgender and Gender Non-Conforming Youth: A Systematic Review”	2022	Role: Capstone Chair
Brook Ryan	“Use of Long-Acting Injectables Versus Oral Antipsychotics Among Indigent Populations: A Systematic Review”	2022	Role: Capstone Chair

Lynda Woodall	“A Systematic Review of Key Predictive Factors for Urinary Tract Infection in the Elderly”	2022	Role: Capstone Chair
Jennifer L. Cox	“Improving Palliative Care Consult Volume Through an Educational Initiative with Hospitalists”	2021	Role: Capstone Chair
Rhiannon Eich	“Implementing a Specialty Nurse Residency Program to Improve Perianesthesia Nurse Confidence and Reduce Errors”	2021	Role: Capstone Chair
Kendal Gersbach	“A Quality Improvement Initiative to Explore Barriers Facing Associate Degreed Nurses Obtaining a Bachelor’s Degree”	2021	Role: Capstone Chair
Elisabeth Monty	“Increasing First Time Mothers’ Breastfeeding Confidence Using Post-Hospital Discharge Phone Support: A Quality Initiative”	2021	Role: Capstone Chair
Mindy Jo Petty	“QI Project: A School Nurse-Led Educational Initiative to Improve Parents’ Understanding of COVID-19 Quarantine Guidelines”	2021	Role: Capstone Chair
Andrea Gilson	“Cutaneous Sensation in Obese Youth”	2018-2019	Role: Thesis Committee member
Poonam Mankar	“Effect of Baby Bouncers on Walking Onset of Children”	2018-2019	Role: Thesis Committee Member
Laura Davidson	“Interdisciplinary Bedside Rounding with the Hospitalist and Nurses”	2017	Role: Capstone Advisor
David Espinoza	“Improving Patients’ Perception of the Pain Management in a Hospital”	2017	Role: Capstone Advisor
Sonya Hernandez	“Family Advisory Council”	2017	Role: Capstone Advisor
Cassie Lyell	“Tracheostomy Related Pressure Injuries”	2017	Role: Capstone Advisor
Krystal Perez Franco	“Optimizing Care Quality Through the Use of Guardrails® Infusion Pump Software”	2016	Role: Capstone Advisor
Joshua Toole	“Telemetry Alarm Fatigue and Response Time Reduction Program”	2016	Role: Capstone Advisor
Leticia Cisneros	“Float Friendly Environment”	2016	Role: Capstone Advisor
Kayla Skala	“Nursing Professional Portfolio Development”	2016	Role: Capstone Advisor
Veronica Haywood	“Implementing Skin-to-Skin Contact Using the Iowa Model”	2015	Role: Capstone Advisor
Nicole Grams	“Attaining Magnet Designation to Improve Hospice Care”	2015	Role: Capstone Advisor
Wendie DeLaRosa	“Quality Assurance for Palliative Care”	2015	Role: Capstone Advisor

Patricia G. Correa	“Health Risk Assessment Tam: Medicare/Medicaid Dual Demonstration SharePoint Tracking	2015	Role: Capstone Advisor
Sarah Bassett	“Patient Navigator”	2014	Role: Capstone Advisor
Judy Foster	“Increasing Health and Safety for Young Adults with Intellectual Disabilities”	2014	Role: Capstone Advisor
Sondra Nicholson	“Joint Recovery Program – A Time for Change”	2014	Role: Capstone Advisor
Jennifer Nickel	“Walking the Financial Line in an Inpatient Rehabilitation Hospital”	2014	Role: Capstone Advisor

Selected Undergraduate Honors Projects

Devin Houston	“Barriers and Facilitators for the Delivery of Diabetes Prevention Programs During a Pandemic”	2019-2021	Role: Honors Mentor/Advisor
Andrea Multer	“Project of Excellence: Effects of Government Food Programs on Childhood Overweight and Obesity”	2016-2018	Role: Honors Mentor/Advisor
Andrea Multer	“Effect of Government-Subsidized Food on Childhood Overweight and Obesity: A Systematic Review of the Literature”	2015	Role: Honors Mentor/Advisor

Courses Prepared and Curriculum Development

Courses Designed or Re-designed

Texas State University, Round Rock, Texas

NURS-5265	Master’s: Evidence-Based Practice, Quality Improvement, and Healthcare Systems (Fully online; developed course outline for new course in new Leadership and Administration in Nursing (LAN) program
NURS-5371	Master’s: Clinical Prevention and Population Health (Fully online; partially re-designed course)
NURS-5391	Master’s: Translational Science for Evidence-Based Practice and Innovation (Capstone) (Fully online; partially re-designed course)
NURS-5367	Master’s: The Leader Within: Professional Accountability, Succession Planning and Reflective Practice I (Fully online; partially re-designed course with 40-hour mentored project)
NURS-5368	Master’s: The Leader Within: Professional Accountability, Succession Planning and Reflective Practice II (Fully online; partially re-designed course with 40-hour mentored project)

Texas A&M University, Corpus Christi, Texas

NURS-6300	Doctoral: Leadership in Health Policy (Fully online; designed course)
NURS-6211	Doctoral: Introduction to the Scholarly Project (Fully online; designed course)
NURS-6304	Doctoral: Application of Evidence in Practice I (Fully online; designed course)

NURS-6308	Doctoral: DNP Project Proposal (Fully online; designed course)
NURS-6311	Doctoral: DNP Project Report (Fully online; course redesign)
NURS-6321	Doctoral: Application of Advanced Principles for Clinical Practice (Fully online; course redesign)
HCAD-5330	Master's: Health Law and Ethics (Fully online; designed course)
NURS-5314	Master's: Research Methods in Advanced Nursing Practice (Fully online; course re-design)
NURS-5315	Master's: Health Policy and Cultural Diversity (Fully online; course re-design)
NURS-4318	Undergraduate: Nurse as Research Consumer (Face-to-face Lecture, Fully online, and Blended formats; course re-design)
NURS-4660	Undergraduate: Nursing Care of the Community Health Client (Face-to-face lecture; course re-design)
HONR-4195	Undergraduate: Project of Excellence (Independent study; designed course)

Curriculum Development

RN to BSN Program 2024-2025	Led undergraduate faculty in revising the existing curriculum to move to an accelerated online program in an 8-week course format
Doctor of Nursing Practice 2023-2025	Led revisions of DNP program proposal to meet SACSCOC accreditation requirements and obtain Texas Higher Education Coordinating Board approval.
Leadership and Administration in Nursing (LAN) Core Faculty 2022-2023	Served as core faculty to assist in design of new LAN curriculum, decreasing the number of course credit hours from previous program and increasing number of clinical practice hours.
Doctor of Nursing Practice (DNP) Program Coordinator 2018-2020	Led graduate faculty in revising the DNP curriculum, combining and re-designing relevant courses to ensure students were required to take six credit hours per semester across the curriculum. Previously, semesters included 7-8 credit hours.
Doctor of Nursing Practice (DNP) Core Faculty 2013-2017	Served as DNP core faculty to assist in design of DNP curriculum proposed to the Committee on Collegiate Nursing Education, approved 2016 and fully accredited 2017.

Teaching Grants and Contracts

Funded External Teaching or Research Grants and Contracts

July 2023-July 2025

Enhancing Nursing Faculty Retention Through Competency-Based Education and Training.

Texas Higher Education Coordinating Board (funded \$197,283.00)

Principal Investigator: M. Hughes
Co-Principal Investigators: **T. J. Garcia**, V. Tufano

July 1, 2021 – June 30, 2025

Expanding Integrated Behavioral Health Services: Texas Counselors and Healthcare Integration Program (Tex-CHIP)

Health Resources & Services Administration (HRSA). Behavioral Health Workforce Education and Training (BHWET) Program for Professionals (funded: \$1, 919, 026).

Principal Investigator: K. M. Hollenbaugh

Co-Investigators: J. Ikonomopoulos, R. Ricard, J. Watson, **T. J. Garcia**, B. Amidon

Submitted, but not Funded, External Teaching or Research Grants and Contracts

July 2023

Expanding the Health Equity Impact of Nurses Through Competency-Based Gamulation Experiences (CBGE)

Health Resources & Services Administration (HRSA). Nurse Education, Practice, quality and Retention (NEPQR) Simulation Education Training (DET) Program (Approved with score of 93 but not funded: \$1,500,000.00)

Principal Investigator: M. Smith

Principal Co-Investigators: **T. J. Garcia**, V.E. Tufano

Teaching/Scholarly Events Facilitated

May 2024

St. David's School of Nursing Pinning and Hooding Ceremony

Facilitators: Garcia, T.J., Director, St. David's School of Nursing

November 2022

Master of Science in Nursing 2022 Capstone Presentations

Facilitators: Page, T., **Garcia, T.J.**, St. David's School of Nursing, College of Health Professions, Texas State University.

Organized and facilitated an on-campus event where all MSN students presented their capstone projects and attended a formal lunch with faculty.

December 2021

Master of Science in Nursing 2021 Capstone Presentations

Facilitators: Page, T., Patel, S., **Garcia, T.J.**, St. David's School of Nursing, College of Health Professions, Texas State University.

Organized and facilitated an on-campus event where all MSN students presented their capstone projects and attended a formal lunch with faculty.

Workshops Presented

Summer 2020: DNP Proposal Writing Workshop – Summer Intensive

Facilitator/Presenter: **Garcia, T. J.**, College of Nursing and Health Sciences, Texas A&M University – Corpus Christi

Fall 2020: DNP Chair Intensive – Instruction on Leading a DNP Project Committee

Facilitator/Presenter: **Garcia, T. J.**, College of Nursing and Health Sciences, Texas A&M University – Corpus Christi

Summer 2019: DNP Proposal Writing Workshop – Summer Intensive
Facilitator/Presenter: **Garcia, T. J.**, College of Nursing and Health Sciences, Texas A&M University – Corpus Christi

Summer 2018: DNP Proposal Writing Workshop – Summer Intensive
Facilitator/Presenter: **Garcia, T. J.**, College of Nursing and Health Sciences, Texas A&M University – Corpus Christi

Guest Lectures

- 2021 **Garcia, T.J.**, NURS-5391, Translational Science for Evidence-Based Practice, “Moving from Evidence to Sustainable Practice Change,” St. David’s School of Nursing, College of Health Professions, Texas State University
- 2018 **Garcia, T. J.**, NURS-4660, Nursing Care of the Community, “Nurses in Political Activism,” College of Nursing and Health Sciences, Texas A&M University-Corpus Christi
- 2016 **Garcia, T. J.**, NURS-4318, Nurse as Research Consumer, “Qualitative Data Analysis and Trustworthiness” and Qualitative Research Designs and Approaches,” College of Nursing and Health Sciences, Texas A&M University-Corpus Christi

Teaching Professional Development Activities Attended

- 2025 AACN Dean’s Annual Meeting, American Association of Colleges of Nursing, Washington, DC, 32 hrs, March 28-31, 2025
- 2025 Texas Association of Deans and Directors of Professional Nursing Programs (TADDPNP) Conference, Austin, Texas, 4 hrs, February 7, 2025
- 2025 Texas Organization for Baccalaureate and Graduate Nursing Education (TOBGNE) Conference, Austin, Texas, 8 hrs, February 6, 2025
- 2024 AACN Academic Nursing Leadership Conference, American Association of Colleges of Nursing, Washington, DC, 20 hrs, October 14-16, 2024
- 2024 Texas Organization for Baccalaureate and Graduate Nursing Education (TOBGNE) Conference, Austin, Texas, 8 hrs, October 10, 2024
- 2024 Texas Association of Deans and Directors of Professional Nursing Programs (TADDPNP) Conference, Austin, Texas, 4 hrs, February 9, 2024
- 2024 Texas Organization for Baccalaureate and Graduate Nursing Education (TOBGNE) Conference, Austin, Texas, 8 hrs, February 8, 2024
- 2024 *Communicating Progress: Developing & Documenting Evidence of Student Improvement*, Texas State University, Round Rock, Texas, 1.5 hrs, September 3, 2024
- 2024 *New Chair/Director Orientation*, Texas Board of Nursing, 4.0 hrs, Austin, Texas, July 22, 2024
- 2024 *Communicating Progress: Developing & Documenting Evidence of Student Improvement*, Texas State University, Round Rock, Texas, 1.5 hrs, April 23, 2024

- 2024 *Communicating Results – Educational Programs and General Education*, Texas State University, Round Rock, Texas, 1.5 hrs, April 23, 2024
- 2023 *Using AI for Literature Reviews*, Texas State University, Round Rock, Texas, 1.5 hrs, November 18, 2023
- 2023 *Lay of the Land: Conducting Systematic Reviews in Engineering and the Social Sciences*, Texas State University, Round Rock, Texas, 1.5 hrs, April 18, 2023
- 2023 *Grant Writing and Grant Finding: Advice for Faculty at an HSI*, Texas State University, Round Rock, Texas, 1.5 hrs, April 10, 2023
- 2022 *52 Steps to Funding Success*, Texas State University, Round Rock, Texas, 1.5 hrs, November 17, 2022
- 2022 *Civilian Response for Active Shooter Events (CRASE)*, Texas State University, Round Rock, Texas, 1.5 hrs, October 21, 2022
- 2022 *Nursing Jurisprudence & Ethics for Texas Nurses*, Texas State University, Round Rock, Texas, 2.0 CEUs, March 31, 2022
- 2022 *Scholarship and Teaching Excellence Program (STEP)*, Texas State University, Round Rock, Texas, (9 hours); Monthly workshop/meetings for new faculty to ensure a solid foundation for research productivity, teaching and knowledge of university resources, Series of 6 Workshops completed March 4 (Jan, Feb, March in 2022)
- 2022 *Back to the Future; Re-engaging Students in the Post-pandemic Classroom*, Texas State University, Round Rock, Texas, January 25, 2022
- 2021 *Creating NexGen NCLEX Item Development*, Texas State University, Round Rock, Texas, October 21
- 2021 *First Gen Latinas in Stempreneurship*, learn experiences of Latinas in STEM to help inspire and relate to Latina nursing students, October 6
- 2021 *Scholarship and Teaching Excellence Program (STEP)* (9 hours); Monthly workshop/meetings for new faculty to ensure a solid foundation for research productivity, teaching and knowledge of university resources, September 10, October 15, November 12;
- 2021 Texas Women in Higher Education Conference, Virtual, March 22-23
- 2020 Doctoral Education Conference, American Association of Colleges of Nursing, Naples, Florida
- 2019 Texas DNP Conference, American Association of Nurse Practitioners, Austin, Texas
- 2019 *Distinguishing Between Evidence-Based Practice, Quality Improvement, and Research*, American Association of Colleges of Nursing, Webinar
- 2018 Simulation Innovation Resource Center, National League for Nursing, Simulation Pedagogy (15 courses)
- 2018 *Preparing for the CNE Exam*, Presented by Charlene Romer, ATI Nursing Education, St. David's School of Nursing, Texas State University
- 2016 *How to Effectively Teach Ethics to Nursing Students*, American Nurses Association Webinar Series, Advancing Nursing Excellence
- 2016 *The Six-Week Steps of Data Analysis Webinar Class*, Presented by William M. Bannon, Jr., PhD, Brooklyn, New York
- 2015 2015 National Institutes of Health Regional Seminar, Program Funding and Grants Administration, Baltimore Maryland
- 2015 Texas A&M University-Corpus Christi, Certificate of Course Delivery and Peer Review

- 2015 Texas A&M University-Corpus Christi, Certificate of Course Design and Development
- 2014 *Copyright in Academia Today*, Certificate of Achievement, Copyright Clearance Center
- 2014 Texas A&M University Corpus-Christi, Faculty Research Development Program (FRDP)
- 2014 Texas A&M University-Corpus Christi, Certificate of Professional Development in Best Practices for Online Course Design

SCHOLARLY/CREATIVE

Works in Print

Published Articles

Refereed Journal Articles (student names in italics)

Garcia, T. J., Bai, J., Shen, N., Smith, L. & Koszalinski, R. S. (Nov 2024). PhD-DNP collaboration: An integrative review of scholarly partnerships in nursing. *Research in Nursing & Health*, 1-22. <https://doi.org/10.1002/nur.22423>

Hughes, A. K., Keys, Y. K., Peck, J. L., & **Garcia, T. J.** (Nov-Dec 2021). Reducing nurse practitioner turnover in home based primary care: A Department of Veterans Affairs quality improvement project. *Home Healthcare Now*, 39(6), 327-335. doi: 10.1097/NHH.0000000000001014

Babalola, O.M., **Garcia, T. J.**, Sefcik, E.F., & Peck, J.L. (Nov 2021). Improving diabetes education in Mexican American older adults. *Journal of Transcultural Nursing*, 32(6), 799-809. <https://doi.org/10.1177/1043659621994664>

Garcia, T. J., Baldwin, S. A, De La Rosa, D. C., Ajisafe, T., Vela, N., *Cazares, B.*, & *McIntyre, J.* (Sept 2021). Latino grandparent opportunity to influence family health behaviors and childhood obesity: The “Healthy Us Grandparent Study” (HUGS). *Families, Systems & Health*, 39 (3), 413-425. <https://doi.org/10.1037/fsh0000634>

Thornberry, A., **Garcia, T. J.**, Peck, J., & Sefcik, E. (Aug 2021). Occupational health nurses’ self-efficacy in implementing smoking cessation interventions for workers: A manufacturing company quality improvement project. *Workplace Health & Safety*. Advance online publication. <https://doi.org/10.1177/21650799211022991>

Thornberry, A., **Garcia, T. J.**, Peck, J., & Sefcik, E. (Jun 2020). Occupational health nurses’ self-efficacy in smoking cessation interventions: An integrative review of the literature. *Workplace Health & Safety*, 20(10), 533-543. <https://doi.org/10.1177/2165079920925106>

Ajisafe, T., *Gilson, A.*, **Garcia, T.**, & DeAnda, N. (Nov 2019). Obesity, but not overweight, is associated with plantar light touch sensation in children aged 8-

16 years: a cross-sectional study. *Obesity Science & Practice*, 6(1), 107-116.
<https://doi.org/10.1002/osp4.387>

Ajisafe, T., **Garcia, T.J.**, Fanchiang, H. (2018). Musculoskeletal fitness measures are not created equal: An assessment of school children in Corpus Christi, Texas. *Frontiers in Public Health*, 6(142), 1-11. doi: 10.3389/fpubh.2018.00142

Brown, S.A., García, A.A., Brown, A., Becker, B.J., Conn, V.S., Ramirez, G., Winter, M.A., Sumlin, L.L., **Garcia, T.J.**, & Cuevas, H.E. (2016). Biobehavioral determinants of glycemic control in type 2 diabetes: A systematic review and meta-analysis. *Patient Education and Counseling*, 99(10), 1558-1567. doi:10.1016/j.pec.2016.03.020

Garcia, T. J., Harrison, T. C., & Goodwin, J. S. (2015). Nursing home stakeholder views of resident involvement in medical care decisions. *Qualitative Health Research*, 26(5), 712-728. doi: 10.1177/1049732315573206

Sumlin, L. L., **Garcia, T. J.**, Brown, S. A., Winter, M. A., Garcia, A. A., Brown, A., Martin, E. E., & Cuevas, H. E. (2014). Depression and adherence to lifestyle changes in type 2 diabetes: A systematic review. *The Diabetes Educator*, 40(6), 731-44. doi: 10.1177/0145721714538925

Brown, S. A., Martin, E. E., **Garcia, T. J.**, Winter, M. A., García, A. A., Brown, A., Cuevas, H. E., & Sumlin, L. L. (2013). Managing complex research datasets using electronic tools: A meta-analysis exemplar. *CIN: Computers, Informatics, Nursing*, 31(6), 257-265. doi:10.1097/NXN.0b013e318295e69c

Garcia, T. J. & Brown, S. A. (2011). Diabetes management in the nursing home: A systematic review of the literature. *The Diabetes Educator*. 37(2), 167-187. doi:10.1177/0145721710395330

Non-refereed Works in Print

Smith, K., **Garcia, T. J.**, Erbin-Roesemann, M., & St. David's School of Nursing Graduate Faculty. (2023). St. David's School of Nursing Master of Science in Nursing Program 2023 Self-Study Report. Presented to the Commission on Collegiate Nursing Education.

Conference Proceedings

Refereed Conference Proceedings

Research Paper/Podium Presentations

2023

Smith, D., & **Garcia, T.J.**, Sigma 47th Biennial Convention, San Antonio, Texas, "A Multifactorial Fall Prevention Protocol in Community-Dwelling Older-Adults." November 11. (Presented by Deborah Smith)

2023

Garcia, T. J., Resendiz, M.D., & Tufano, V. E. Southern Nurses Research Society Conference, Orlando, FL, “Latino Families and Diabetes Management: A Narrative Inquiry. March 1. (Presented by T. J. Garcia)

2018

Garcia, T.J., Baldwin, S.A., De La Rosa, D., Vela, N. (2018). 44th Annual Conference of The Transcultural Nursing Society, San Antonio, Texas, “Latino Grandparent Opportunity to Impact Child Obesity: The Healthy Us Grandparent Study (HUGS).” October 18. (Presented by T. J. Garcia and D. De La Rosa).

2016

Baldwin, S. A., & **Garcia, T. J.** American Public Health Association (APHA) 2016 Annual Meeting and Expo, Denver, Colorado, “Using a Social Ecologic Framework to Examine Grandparent Influence on Childhood Health Behaviors.” November 2. (Presented by S.A. Baldwin).

2016

Garcia, T.J., Baldwin, S.A., De La Rosa, D., Vela, N., *Cazares, B., DeLaGarza, M. & McIntyre, J.* 3rd Annual Cultural Inclusion Institute 2016, San Antonio, TX, “Grandparent Influence on Childhood Health Behaviors – The Healthy Us Grandparent Study (HUGS).” April 22. (Presented by T.J. Garcia and S.A. Baldwin).

2014

Garcia, T.J., & Joiner-Rogers, G. Texas Clinical Nurse Specialists 2014 Conference, Austin, TX, “Involvement of Older-aged Adults in Chronic Illness Decisions: A Metasynthesis.” January 24. (Presented by T.J. Garcia and G. Joiner-Rogers).

Refereed Abstracts/Poster Presentations

- 2024 Tufano, V. E., Hughes, M. J., & **Garcia, T. J.** 2024 National League for Nursing Education Summit, San Antonio, TX, “Supporting Nurse Educators in the Clinical Setting through Gamification.” September 2024
- 2023 Tufano, V. E., Hughes, M. J., **Garcia, T. J.** Faculty Leadership Network Program – Transform 2023 Conference, American Association of Colleges of Nursing, Hilton Orlando Buena Vista Palace, Buena Vista, FL, “Using Gamification to Provide Competency-based Education in the Clinical Setting,” November 2023
- 2023 Koszalinski, R., Smith, L., Bai, J., **Garcia, T.**, Brooks, K., & Pickett, S. Association of Rehabilitation Nurses’ 2023 Annual Rehabilitation Nursing Conference, Providence, Rhode Island, and Online, “Barriers and Opportunities for Collaboration Between Nurses, Nurse Leaders, Innovators, and Scholars.” August 16-23
- 2023 *Medic, L.*, & **Garcia, T. J.** College of Health Professions 26th Annual Faculty/Student Research Forum, Round Rock, Texas, “Effects of Gender-Affirming Care on Depression and Suicidality in Transgender and Gender Non-Conforming Youth: An Educational Literature Review.” April 12-14
- 2023 *Basa, J.*, & **Garcia, T. J.** College of Health Professions 26th Annual Faculty/Student Research Forum, Round Rock, Texas, “Barriers in Seeking

- Treatment for Perinatal Depression in Low-Income African Americans: An Educational Literature Review.” April 12-14
- 2023 *Harrington, M., Le, T., Maguire, K, Pils, K. Resendiz, J., & Garcia, T. J.* College of Health Professions 26th Annual Faculty/Student Research Forum, Round Rock, Texas, “Reduction of Negative Mental Health Outcomes in Children and Adolescents with Chronic Illness.” April 12-14
- 2023 *Aponte, C., Field, T., Junco, M., Poblete, A., Stanzel, G. & Garcia, T. J.* College of Health Professions 26th Annual Faculty/Student Research Forum, Round Rock, Texas, “Factors Associated with Maternal Morbidity and Mortality in African American Women.” April 12-14
- 2022 *Sitienei, E., & Garcia, T. J.,* Southern Nurses Research Society Conference, New Orleans, Louisiana, “Improving Community Obesity Management Resources for Latino Adolescents Through a Primary Clinic-Community Fitness Program Partnership.” February 23-25
- 2021 *Houston, D., & Garcia T.J.* St. David’s Center for Health Promotion & Disease. Prevention Research in Underserved Populations, Austin, Texas, “Texas Diabetes Prevention Education Efforts Amid the COVID-19 Pandemic.” February 24
- 2018 *Ajisafe, T., Garcia, T.J., Fanchiang, H.* Obesity Week 2018, Nashville, Tennessee. “Associations Between Musculoskeletal Fitness and Weight Status Across Elementary Grade Levels Physical (In)activity.” November 14
- 2018 *Ajisafe, T., Gilson, A., Garcia, T.J.* Obesity Week 2018, Nashville, Tennessee. “Comparing Normal Plantar Sensation Between Children With Obesity and Peers With Healthy Weight Gain/Regain.” November 15
- 2018 *Babalola, O. M., Garcia, T. J., Sefcik, E., & Day, C.* Transcultural Nursing Society’s 44TH Annual Conference, San Antonio, Texas. “Improving Diabetes Self-Care Education Processes for Hispanic Elderly Using a Culturally-Competent, Age-Specific Approach.” October 2018
- 2018 *Gilson, A. Ajisafe, T., & Garcia, T.J.* 2nd Annual College of Nursing and Health Sciences Research and Scholarly Works Exposition, Corpus Christi, Texas. “Exploring the Influence of Weight Status on Plantar Cutaneous Sensation in Children.” May 1
- 2018 *Mankar, P., Ajisafe, T., & Garcia, T.J.* 2nd Annual College of Nursing and Health Sciences Research and Scholarly Works Exposition. “The Effect of Previous Baby Jumper Usage on Walking Onset in Children.” May 1
- 2017 *Crawford, C.T., & Garcia, T.J.* 15th Annual Pathways Research Symposium 2017, Tarleton State University, Stephenville, Texas. “Addition of Nurse Practitioners to the Trauma Team: An Integrative Systematic Review of the Literature.” November 2. Won 2nd Place in Graduate Student Category.
- 2017 *Quizon, A., & Garcia, T.J.* 14th Annual Pathways Research Symposium 2017, Tarleton State University, Stephenville, Texas. “Effectiveness of Resistive Warming for Prevention of Hypothermia: A Systematic Review of Literature.” November
- 2016 *Amidon, B., Bauer, C., Alaniz, E., & Garcia, T. J.* 13th Annual Pathways Research Symposium 2016, Texas A&M-Prairie View, Prairie View, TX, “The

- Effect of High Fidelity Simulations on Knowledge and Self-confidence in Nurse Practitioner Students: A Systematic Review.” November 7
- 2016 *Cazares, B., & Garcia, T. J.* 13th Annual Pathways Research Symposium 2016, Texas A&M-Prairie View, Prairie View, TX, “Preventing Heel Pressure Ulcers in the Geriatric Orthopedic Population.” November 7
- 2016 *Chapa, M., & Garcia, T. J.* 13th Annual Pathways Research Symposium 2016, Texas A&M-Prairie View, Prairie View, TX, “Prevention of Hospital-Acquired Pressure Ulcers.” November 7
- 2016 *Pendergast, R., & Garcia, T. J.* 13th Annual Pathways Research Symposium 2016, Texas A&M-Prairie View, Prairie View, TX, “New Graduate Nurses in ED/Critical Care Departments: An Integrative Systematic Review of the Literature.” November 7
- 2016 *Cazares, B., Baldwin, S.A., Garcia, T.J., De La Rosa, D., Vela, N., DeLaGarza, M., & McIntyre, J.* 3rd Annual Cultural Inclusion Institute 2016, San Antonio, TX, “Novel Focus on Grandparents as Change-Agents in Latino Family Health Behaviors. The Healthy Us Grandparent Study (HUGS).” April 21
- 2016 *Brown, S.A., García, A.A., Brown, A., Becker, B.J., Conn, V.S., Ramírez, G., Winter, M.A., Sumlin, L.L., Garcia, T.J., & Cuevas, H.E.* St. David’s Center for Health Promotion/Disease Prevention in Underserved Populations and Center for Trans-Disciplinary Collaborative Research in Self-Management Science Annual Research Conference, The University of Texas at Austin School of Nursing, Austin TX, “Meta-Analysis of Biobehavioral Determinants of Health Outcomes in Type 2 Diabetes: Emergent Findings.” March 30
- 2015 *Multer, A., & Garcia, T.J.* Texas A&M University System 12th Annual Pathways Student Research Symposium, Corpus Christi, TX, “Effect of Government-Subsidized Food on Childhood Overweight and Obesity: A Systematic Review of the Literature.” October 22
- 2013 *Garcia, T.J., & Joiner-Rogers, G.* National Gerontological Nurses Association 2013 Annual Convention, Clearwater, FL, “Involvement of Chronically Ill Older-aged Adults in Health Care Decisions.” October 3
- 2013 *Garcia, T.J., & Joiner-Rogers, G.* St. David’s Center for Health Promotion & Disease. Prevention Research in Underserved Populations, Austin, Texas, “Chronic Illness Decision-Making in Older Adults: A Metasynthesis.” March 27
- 2012 *Garcia, T.J., & Harrison, T.C.* St. David’s Center for Health Promotion & Disease. Prevention Research in Underserved Populations, Austin, Texas, “Nursing home residents with type 2 diabetes: What do they want?” March 28
- 2012 *Sumlin, L.S., Garcia, T.J., Brown, S.A., Garcia, A.A., Brown, A., Winter, M.A., Martin, E.E., Cuevas, H.* St. David’s Center for Health Promotion & Disease. Prevention Research in Underserved Populations, Austin, Texas, “The influence of depression on adherence to lifestyle changes in type 2 diabetes: A systematic review.” March 28
- 2012 *Sumlin, L.S., Garcia, T.J., Brown, S.A., Garcia, A.A., Brown, A., Winter, M.A., Martin, E.E., Cuevas, H.* 26th Annual Southern Nursing Research Society Conference, New Orleans, Louisiana, Top Student Poster Session “Depression

associated with diet and physical activity adherence in type 2 diabetes: The state of the science.” February 23

- 2011 **Garcia, T.J.**, & Harrison, T.C. The Gerontological Society of America 64th Annual Scientific Meeting. Boston, Massachusetts, “Nursing home residents with type 2 diabetes: What do they want?” November 21
- 2011 **Garcia, T.J.**, Brown, S.A. The Diabetes Awareness Conference, Austin, Texas “What’s Missing in Diabetes Management in the Nursing Home?” March 29
- 2011 **Garcia, T.J.** & Brown, S.A. 25th Annual Southern Nursing Research Society Conference, Jacksonville Florida, “Diabetes Management in the Nursing Home: A Systematic Review of the Literature,” February 19
- 2011 Martin, E.E., **Garcia, T.J.**, Cuevas, H., Winter, M.A., Garcia, A.A., Brown, A. & Brown, S.A. 25th Annual Southern Nursing Research Society Conference, Jacksonville Florida, “Reaching Agreement: The Use of Technology for Coder-Communication in Meta-Analysis,” February 19

Works Not in Print:

Invited Talks, Lectures, and Presentations

- 2024 **Garcia, T. J.**, Resendiz, M.D., & Pacheco, G.J. *Hispanic Heritage Month Panel Event*, Hispanic Students in Healthcare Association, Texas State University, Round Rock, Texas, September 25, 2024.
- 2017 **Garcia, T. J.**, & Day, C. *DNP and PhD Synergy: Closing the Gaps Between Research and Practice*, The Association of Nurses in Graduate School (ANGS) and The UT Nursing Student’s Association (UTNSA), The University of Texas at Austin School of Nursing, Austin, Texas, April 28.
- 2016 **Garcia, T. J.** & Day, C. *Nursing Doctoral Education: Closing the Gaps*, Texas Nurses Association 3rd Annual Legislative Summit, Texas State Capital, Austin, Texas, October 27.
- 2016 **Garcia, T. J.** *Innovations in Combatting Child Obesity and Type 2 Diabetes in the Hispanic Community*, Coastal Bend Community Health Worker Conference 2016, Texas A&M University Colonias Program, Texas A&M-Corpus Christi, October 6.
- 2016 **Garcia, T. J.** *Nursing Doctoral Education: Closing the Gaps to Improve Patient Outcomes*, New Graduate Orientation, Texas A&M University-Corpus Christi, August 20.
- 2016 **Garcia, T. J.**, & Day, C. *Nursing Doctoral Education: Closing the Gaps to Improve Patient Outcomes*, Sigma Theta Tau International Induction Program, Texas A&M University-Corpus Christi, May 12.
- 2014 **Garcia, T. J.** *Finding the Combination for Success – A Research Course Redesign*, Fall Islander Forum, sponsored by the New Faculty Series, Texas A&M University-Corpus Christi, Texas, August 20.
- 2014 **Garcia, T.J.** *Keys to Success in Research Course Redesign*, New Faculty Series Presentation, Texas A&M University-Corpus Christi, Texas, May 7.
- 2012 Brown, S.A., **Garcia, T.J.**, Winter, M.A., García, A.A., Brown, A., Cuevas, H.E., & Sumlin, L.L. *Targeting Interventions for Maximum Effectiveness: A Model-testing, Meta-analysis to Explain Clinical Outcomes in Type 2 Diabetes*, Innovation in Health Care Delivery Systems Symposium, sponsored by The University of Texas at Austin McComb's Business School, Austin Texas, April 26. (Presented by S.A. Brown)

- 2012 **Garcia, T.J.**, & Christian, R. *An Overview of Bisphosphonates, Osteonecrosis of the Jaw, and Atypical Femoral Fractures*, Bowman and Brooke, LLP, Austin, Texas, Products Liability Attorneys, Legal Nurse Consultants, and Paralegals, February. (Presented by T.J. Garcia)
- 2011 **Garcia, T.J.** *Resident-Centered Diabetes Care in the Nursing Home: Focus on Resident Diabetes Treatment Goals and Preferences*, Longhorn Village Continuing Care Retirement Community Presentation and Panel Discussion, December 6
- 2011 **Garcia, T.J.** *Diabetes Treatment Preferences of Nursing Home Residents*, The University of Texas at Austin, Texas, Scholarly Workshop, Graduate Students, April 28
- 2010 **Garcia, T.J.** *Taking Pride in Nursing Home Quality*, The University of Texas at Austin, Texas, Scholarly Workshop, Graduate and Undergraduate Nursing Students and Faculty, April 29.
- 2010 **Garcia, T.J.** *Inflammatory Bowel Disease: An Overview and Implications in Products Litigation Cases*, Clark, Thomas & Winters, P.C., Austin, Texas, Products Liability Attorneys, Legal Nurse Consultants, and Paralegals, February.

Other Works not in Print

Works "submitted" or "under review"

Bai, J., Koszalinski, R., Brooks, K., Smith, L., Pickett, S., & **Garcia, T. J.** (in review). *Perception of scholarly collaboration and its influencing factors among doctoral-prepared and-preparing nurses; A regional nursing society-based survey.*

Sitienei, E., & **Garcia, T. J.** (under review) *Improving provider obesity management for Latino adolescents through a clinic-community resource partnership.*

Works "in progress"

Garcia, T. J., Tufano, V. E., & Resendiz, M. (in preparation). *Latino families and diabetes: A narrative inquiry.*

Scholarly / Creative Grants and Contracts

Funded External Grants and Contracts

July 2023-July 2025

Enhancing Nursing Faculty Retention Through Competency-Based Education and Training.

Texas Higher Education Coordinating Board (funded \$197,283.00)

Principal Investigator: M. Hughes

Co-Principal Investigators: **T. J. Garcia**, V. Tufano

December 2017-December 2018

Assessing and Addressing Plantar Sensation Deficits and Associated Impediments in Children with Overweight and Obesity.

Blue Cross Blue Shield of Texas (funded \$19,330)

Principal Investigator: T. Ajisafe

Co-Investigator: **T.J. Garcia**

August 2012-November 2012

Medical Models in Long Term Care.

The Sealy Center on Aging, University of Texas Medical Branch, Galveston, Texas (funded).

Principal Investigator: T. Harrison, The University of Texas at Austin.

Co-Investigator: J. S. Goodwin, University of Texas Medical Branch, Galveston, Texas.

Graduate Research Assistant: **T. J. Garcia**

November 2009 – August 2013

Meta-analysis of Biobehavioral Determinants of Health Outcomes in Type 2 Diabetes.

National Institute of Nursing Research, National Institutes of Health (R01 [1R01NR011450-01], (funded - \$1,293,598).

Principal Investigator: S. A. Brown, The University of Texas at Austin School of Nursing. Senior Graduate Research Assistant: **T. J. Garcia**

Submitted, but not Funded, External Grants and Contracts

March 2024 (*Currently Under Review*)

Evaluating the Competency-Based Education Expertise of Nursing Faculty and Preceptors Using Virtual Simulation

Sigma – National League for Nurses (under review - \$5000.00)

Principal Investigator: Hughes, M. J.

Co-PI's: Tufano, V. E., & **Garcia, T. J.**

July 2023

Expanding the Health Equity Impact of Nurses Through Competency-Based Gamulation Experiences

Health Resources and Services Administration (\$1,500,000.00; approved and scored 93/100, but not funded)

Principal Investigator: Hughes, M. J.

Co-PI's: **Garcia, T. J.**, & Tufano, V. E.

October 2018

Water is Important for Success and Health (WISH): A targeted approach to establishing healthy beverage habits in very low-income Hispanic homeless children. Robert Wood Johnson Foundation – Healthy Eating Research Special Solicitation on Beverage Consumption in Early Childhood, Duke University Global Health Institute. Concept Paper (unfunded \$72,960)

Co-Principal Investigators: **T. J. Garcia** and C. L. Murphey

Co-Investigators: S. Lenz and Texas Oral Health Coalition

Funded Internal Grants and Contracts

January 2022 – January 2023

Effect of a Culturally Focused Parenting Program on Korean Parents and Children: A Randomized Controlled Trial
Texas State University, Round Rock, Texas Research Enhancement Grant (funded \$15,979)
Principal Investigator: G. Park
Co-Investigator: **T. J. Garcia**

August 2017-August 2018

Addressing Cutaneous Sensation and Associated Movement Impediments in Children with Overweight and Obesity
Texas A&M University – Corpus Christi, Texas Comprehensive Research Fund Program Grant (TCRF) (funded \$20,000)
Principal Investigator: T. Ajisafe
Co-Investigators: D. Um, J. Park, **T. J. Garcia**, G. Zeng

August 2015-August 2016

Hispanic Grandparent Influence on Healthy Behaviors Affecting Childhood Obesity AKA “Healthy Us Grandparent Study (HUGS)”
Texas A&M University – Corpus Christi. Texas Research Development Fund (TRDF) (funded \$20,000)
Co- Principal Investigators: **T. J. Garcia** and S. A. Baldwin
Co-investigators: D. DeLaRosa, N. Vela
Students: B. Cazares, M. DeLaGarza, J. McIntyre

Non-Funded Internal Grants and Contracts

April 2023

Post Doc Position for Rural Health Management of Chronic Disease
Texas State University (unfunded - \$60,000)
PI: Gobert, D.
Co-PI: **Garcia, T. J.**, Wang, T.

Scholarly / Creative Fellowships, Awards, Honors

September 2021

CoSearch 2021 Research Startup Competition; Theme: Diversity, Equity, and Inclusion
Award: First Place, \$1000
Submission: *Familia First!* A mixed-methods, longitudinal study testing the use of a virtual reality (VR) experience, designed from qualitative results of interviews with Latino families, to enhance the delivery of culturally competent type 2 diabetes management education to Latino patients and their families.
Role: Team Leader
Team members: **Garcia, T. J.** (College of Health Professions, St. David’s School of Nursing), Resendiz, M. (College of Health Professions, Department of Communication Disorders), Yoo, Y.S. (College of Fine Arts and Communication, Department of Theatre and Dance), Brinckmeyer, L. (College of Fine Arts and Communication, School of Music)

Scholarly / Creative Professional Development Activities Attended

November 2022

52 Steps to Funding Success, 1 hour, presented by Jessica Schneider and Dr. Melinda Villagran, Texas State University

October 2022

Civilian Response for Active Shooter Events (CRASE), 1.5 hr, presented by Sergeant Byron Brode, Texas State Police Department, Round Rock Campus

September 2022

9/14/2022 Overview of the Research Enhancement Program (REP), 2 hours, presented by Dr. Mike Blanda, Texas State University

May 2022

You Can Do It & We Can Help: From Passionate Idea to Scholarly Summer Adventure. A Faculty Development Workshop Series, (2 hrs), 5/12/22

February 2022

Southern Nursing Research Society Annual Conference, New Orleans, Louisiana; earned 13.5 CEUs, February 23-25, 2022

November 2021

Documenting Invisible Labor and Contributions in Faculty Performance, (1 hour), presented by Dr. Debbie Thorne, Associate Provost, Texas State University

November 2021

Tenure and Promotion to Associate Professor: Advice for Assistant Professors, (1.5 hours), presented by Dr. Gene Bourgeois, Provost and Vice President for Academic Affairs and Dr. Debbie Thorne, Associate Provost, Texas State University

November 2021- current

CHP (College of Health Professions) Women in Research (2 hours)

Women researchers led by Dr. A. Ari, Associate Dean for Research, College of Health Professions, Texas State University.

Monthly meetings to discuss progress problems and collaborations in research.

November 2021

Viruses Gonna Virus: The Unfolding Story of a Pandemic, presented by Dr. Rodney Rohde, Professor and Chair Clinical Laboratory Science Program, Texas State University Round Rock, STEM-For-All Partnership

October 2021

Pursuing Funding from Foundations and Private Sources, (1.5 hours), presented by Dr. Dan Perry, Assistant Vice President, University Advancement and Mr. Charles Vestal, Major Gift Officer, University Advancement, Texas State University

September 2021- current

Nursing Research Mentoring Group (6 hours)

Nursing Director and College of Health Professions Associate Dean for Research mentoring program; biweekly mentoring sessions for nursing faculty to promote scholarship, Texas State University

September 2021- current

Write-On! College of Health Professions Writing Group; (20 hours), weekly meetings to facilitate dedicated time to scholarly writing, Texas State University.

September 2021

Faculty Research and Funding Update: Texas State's New Center of Excellence for Community Health and Economic Resiliency Research (CHERR), (1 hour), Texas State University

September 2021

Re-envisioning Your Career Path and Professional Goals, (1 hour), Texas State University

August 2021

Overview of the Research Enhancement Program, (1 hour), presented by Dr. Mike Blanda, Assistant Vice President, Research and Sponsored Programs, Texas State University

September 2021 – March 2022

Scholarship and Teaching Excellence Program (STEP) (8 hours)

Monthly workshop/meetings for new faculty to ensure a solid foundation for research productivity, teaching and knowledge of university resources.

SERVICE

Institutional

University

Search Committee for the SACSCOC Liaison, Texas State University, Member	2025
University Council of Chairs and Directors, Texas State University, Member	2023-2024
Search Committee for the Vice-President of the Round Rock Campus representing St. David's School of Nursing	2023
University Lecturers Committee member representing College of Health Professions, Texas State University	2022 - 2023
STEMinist Mentoring Program, Mentor for Latino High School student, Texas State University Research Project	2022 - 2023
Screening Committee for the Director of the Center for Collaborative Community Research, College of Nursing and Health Sciences, College	2021

of Education and Human Development and College of Liberal Arts, Texas A&M University-Corpus Christi, Faculty member	
University Research and Innovation Research Enhancement Committee, Texas A&M University-Corpus Christi, Faculty member	2021-
Screening Committee for the Dean of the College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2020
Council of Principal Investigators and Research Administrators (CPIRA) Executive Committee, Texas A&M University-Corpus Christi, Faculty member	2020-2021
Council of Principal Investigators and Research Administrators (CPIRA), Texas A&M University-Corpus Christi, Faculty member	2019-2021
Merit and Equity Task Force, Texas A&M University-Corpus Christi, Faculty member	2017-2018
University Faculty Research Enhancement Committee, Texas A&M University-Corpus Christi, Faculty member	2018- 2019, 2014-2015 2017-2018
Women in Leadership Advisory Committee, College of Graduate Studies, Texas A&M University-Corpus Christi, Faculty member	
Screening Committee for the Dean of the College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2016-2017
Institutional Review Board, Texas A&M University-Corpus Christi, Faculty Member	2016-2018
Inclusive Excellence Committee, Texas A&M University-Corpus Christi, Faculty Member	2016-2019
Student Scholarship Awards Sub-committee, Texas A&M University- Corpus Christi, Faculty member	2014-2019
Student Hearing and Appellate Board, Texas A&M University-Corpus Christi, Faculty member, Hearing Chair	2013-2016
Parking and Transportation Committee, Texas A&M University-Corpus Christi, Faculty member	2014-2015
<i>College/Department/School</i>	
College Review Group, College of Health Professions, Texas State University, Member	2023-2024
College Council, College of Health Professions, Texas State University, Member	2023-2024

Graduate Program Evaluation, St. David's School of Nursing, Texas State University, Member	2022 - 2023
Graduate Scholarships, College of Health Professions, Texas State University, Member	2021- 2023
Curriculum-School of Nursing, St. David's School of Nursing, Texas State University, Member	2021- 2023
Faculty Assembly, St. David's School of Nursing, Texas State University, Member	2021-
Graduate Council, St. David's School of Nursing, Texas State University, Member	2021-
Professional Development, St. David's School of Nursing, Texas State University, Chair	2021- 2023
Graduate Curriculum, Subcommittee, St. David's School of Nursing, Texas State University, Member	2021- 2023
School of Nursing Strategic Plan: Goal #2 Committee, St. David's School of Nursing, Texas State University, Member	2021- 2023
Undergraduate Council, St. David's School of Nursing, Texas State University, Member	2021-2022
Program Evaluation-Undergraduate, St. David's School of Nursing, Texas State University, Member	2021-2022
Curriculum Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2019-2021
Graduate Curriculum Sub-committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2019-2021
Admission, Progression and Academic Standards (APAS) Committee, Texas A&M University-Corpus Christi, Faculty Member	2019-2020
Doctor of Nursing Practice Committee, Program Coordinator and Chair, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi	2017-2020
Doctor of Nursing Practice Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty Member	2016-2017 2020-2021
Research and Scholarly Works Exposition Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2016-2018

Doctor of Nursing Practice, Core Faculty, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2014-2021
Research Enhancement Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2014-2019
Course Manager Committee, Texas A&M University-Corpus Christi, Faculty member	2014-2016
Assistant/Associate Professor Faculty Search Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2013-2021
Graduate Department Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2013-2019
Undergraduate Department Committee, College of Nursing and Health Sciences, Texas A&M University-Corpus Christi, Faculty member	2013-2016

Professional

Southern Nurses Research Society Leadership Academy	2022 – 2023
The Honor Society of Phi Kappa Phi, Texas A&M University-Corpus Christi, Chapter Vice-President for Chapter Recognition	2019 - 2021
The Honor Society of Phi Kappa Phi, Texas A&M University-Corpus Christi, Chapter Secretary	2017-2019
DNP Directors of Texas, Active member	2017 - 2022
International Association of Latino Nurse Faculty, Founding Board Member, Chair – Health Policy and Research Committee and Active member	2015 - present
The Gerontological Society of America, Active member	2011 – 2015
Southern Nursing Research Society, Active member	2022 - present 2011 – 2017
American Nurses Association, Active member	2000 – present
Texas Nurses Association, Active member	2000 – present
American Association of Legal Nurse Consultants, Past member	2000 – 2005
Sigma International Honor Society of Nursing, Member	1982 – 2021

Community

Central Texas Healthcare Partnerships – member as Director of the St. David’s School of Nursing to facilitate student clinical placements in community hospitals and clinics	2023 - present
Health and Wellness Coalition, Corpus Christi, Texas, Active member	2019 - 2021
Texas Senate Hispanic Caucus – Latino Legislative Summit, Moderator, September 17	2016
Leadership Committee for Senior Services, Texas Parks & Recreation, City of Corpus Christi, Secretary; Official Appointment by Mayor Nelda Martinez, August 26	2014 – 2020
Hispanic Women’s Network of Texas, Corpus Christi Chapter, Active member	2014 – 2016

Service Honors and Awards

1. Leadership Academy, Southern Nurses Research Society, 2022-2023; one of six faculty chosen across 14 states to facilitate leadership and succession planning within organization.
2. 2023 Career & Leadership Development Institute, Texas Association of Chicanos in Higher Education, February 22, 2023. One of 12 applicants chosen across Texas to attend this institute designed to foster and bolster career and leadership skills and opportunities.