**Jennifer Alissa Vasquez, PhD, LCSW-S**

jvasquez@txstate.edu

**RESEARCH INTERESTS**

*Trauma, addiction, and well-being*

**EDUCATION**

2019-2022 *Our Lady of the Lake University, San Antonio, Texas*

PhD, Social Work, GPA 4.0/4.0

2004-2007*Dominican University, River Forest, Illinois*

Master of Social Work, GPA 3.84/4.0

1996-1998*Northern Illinois University, DeKalb, Illinois*

Bachelor of Science, GPA 3.49/4.0

**SCHOLARSHIP**

Web of Science Researcher ID: OHV-1258-2025

<https://orcid.org/0000-0002-9201-0286>

<https://www.ncbi.nlm.nih.gov/myncbi/jennifer.vasquez.4/bibliography/public/>

<https://sciprofiles.com/profile/drjennifervasquez>

**Publications, Peer Reviewed Journals (11):**

Galan-Cisneros, P., Hildebrandt, E., **Vasquez, J.,** & Gomez, R. (2023). The new

normal that never happened: Faculty and students navigating through collective and shared trauma. *Reflections: Narratives of Professional Helping*, *29*(1), 8–25. Retrieved from <https://reflectionsnarrativesofprofessionalhelping.org/index.php/Reflections/article/view/1880> (no JIF)

**Vasquez, J.** (2024). The impact of the Neuro Affective Relational Model (NARM) on

client agency. *Studies in Clinical Social Work: Transforming Practice, Education and Research, 5*(1), 1–20. https://doi.org/10.1080/28376811.2024.2387677 (JIF 1.4)

**Vasquez, J**, Quill, M.Q., Bossart, C. (2024). The impact of therapeutic Viniyoga on

state change. *OBM Integrative and Complementary Medicine*; *9*(3), 54. doi:10.21926/obm.icm.2403054

<https://www.lidsen.com/journals/icm/icm-09-03-054> (JIF .259)

**Vasquez, J.** (2024).The impact of vicarious trauma exposure on the professional

sustainability of trauma therapists: A qualitative analysis of NeuroAffective Relational Model (NARM) therapists. *Professional Development: The International Journal of Continuing Social Work Education, 27*(2), 13. <https://sites.utexas.edu/ioe/files/2024/10/272047.pdf>(no JIF)

Bowie-Viverette, A., **Vasquez, J**., Ruelas, R., Moreno, N. & Gomez, R. (2024). In

their own words: A content-analysis of post-treatment education among youth in recovery from a substance use disorder*. School Social Work Journal, 49*(1), 1-17*.* [*https://www.ingentaconnect.com/content/iassw/sswj/2024/00000049/00000001/art00004*](https://www.ingentaconnect.com/content/iassw/sswj/2024/00000049/00000001/art00004)(no JIF)

**Vasquez, J.,** & Bowie-Viverette, A.C. (2024). Trauma and the case for utilizing

NARM therapy in clinical social work: Implications for practice, compassion fatigue, and burnout. *Clinical Social Work Journal*. <https://doi.org/10.1007/s10615-024-00973-8> (JIF 2.7)

**Vasquez, J.,** Quill, M. & Bossart, C. (2025) How viniyoga supports health and

healing. *OBM Integrative and Complementary Medicine,* *10*(1), 14. doi:10.21926/obm.icm.2501014. <https://www.lidsen.com/journals/icm/icm-10-01-014> (JIF .259)

**Vasquez, J.,** Heeter, C., Quill, M., & Bossart, C. (2025). Exploring the practice of

one-to-one therapeutic Viniyoga: A qualitative investigation using interpretative phenomenological analysis and directed content analysis. *OBM Integrative and Complementary Medicine, 10*(3), 29. <https://doi.org/10.21926/obm.icm.2503029>*.*(JIF .259).

**Vasquez, J.** & Bowie-Viverette, A.C (2025). Compassion fatigue and

compassion satisfaction among NeuroAffective Relational Model therapists: How NARM serves as a protective factor for trauma therapists. *Social Work and Social Sciences Review.* <https://doi.org/10.1921/swssr22326>

(JIF .4).

**Vasquez, J.** & Bowie-Viverette, A. C. (2025). Investigating the relationships

between Recovery High School staff well-being & work engagement: Implications for leadership. *Journal of Human Services*, *44*(1), 85–106. [https:/​/​doi.org/​10.52678/​001c.143881](https://doi.org/10.52678/001c.143881) (JIF 0).

**Vasquez, J.,** Quill, M. Q., & Bossart, C. (2025). Therapeutic goals of one-on-one

Viniyoga: A qualitative study of practitioner perspectives and case applications. *Healthcare*, *13*(19), 2527. <https://doi.org/10.3390/healthcare13192527> (JIF 2.7)

**Accepted for Publication (1):**

**Vasquez, J**., Bowie-Viverette, A.C. & Gomez. R.J. (2025). The effects of a

Recovery High School program on recovering adolescents’ resilience.

*Children & Schools, x*(x), x. doi:xx.xxxxx.(JIF 1.4).

**Under Review (5):**

Bowie-Viverette, A.C., **Vasquez, J**., & Gomez. R.J. (expected 2025).*The*

*characteristics of adolescent tailored substance use treatment facilities services: Results from a U.S. National Survey*. Manuscript under review.

* *12.15.24: Journal of Child & Adolescent Substance Abuse* (JIF .419)
* 9.18.25: R&R submitted

Bowie-Viverette, A.C, **Vasquez, J**. Guidry-Jackson, F. & Felleke, A. (expected 2025).

*A study of college students’ mental health during the COVID-19 pandemic*. Manuscript under review.

* *2.25: Journal of Social Work Education & Practice* (no JIF)

**Vasquez, J**. & Bowie-Viverette, A.C. (expected 2025).*A Frequency Analysis of NARM Therapists’ Professional Quality of Life After NARM Training.*Manuscript under review.

* *7.3.25: Trauma Care* (JIF .87)

**Vasquez, J**. & Bowie-Viverette, A.C. (expected 2025). *Examining Recovery High School students’ subjective & objective wellbeing.* Manuscript under review.

* 7.3.25: *Journal of Family and Child Studies* (JIF 1.8)

Horn, D., Baker, P., Bowie-Viverette, A., & **Vasquez, J**. (expected 2025). *Women Executive Leaders Aspirations & Experiences.* Manuscript in review.

* 10.4.25: Gender, Work & Organization (JIF 4.6)

**In Progress (9):**

**Vasquez, J.** & Bowie-Viverette, A.C. (expected 2025). *Exploring yoga therapists’ perceptions of the impact of therapeutic interventions on health: A convergent mixed methods study.* Manuscript in preparation.

**Vasquez, J.** & Bowie-Viverette, A.C. (expected 2025). *The role of yoga therapy across health conditions: Insights from the Pañcamaya framework.* Manuscript in preparation.

**Vasquez, J.** & Bowie-Viverette, A.C. (expected 2026). *A study of the experiences*

*and effects of yoga therapy interventions on recovery high school youth depression, anxiety, stress, commitment to sobriety, and mindful self-care*. Manuscript in preparation

**Vasquez, J.**, Moon, K., Anderson, L., Medel, S. (expected 2026). *The Impact of*

*Social Work license exam prep training on pass rates, test anxiety, and perception of preparedness among social work students at a Hispanic Serving Institution*. Manuscript in preparation.

**Vasquez, J.** & Bowie-Viverette, A.C. (expected 2026). *A Fidelity Scale to Measure Therapist Adherence to the NeuroAffective Relational Model (NARM).* Manuscript in preparation.

Bowie-Viverette, A.C. & **Vasquez, J.** (expected 2026). *Business education in social work graduate education: A national curriculum gap analysis.* Manuscript in preparation.

**Vasquez, J.** & Bowie-Viverette, A.C. (expected 2027). *The Impact of the NeuroAffective Relational Model (NARM) on Depression, Anxiety, Stress, Resilience, Quality of Life, and Post-Traumatic Growth among Adult Survivors of Developmental Trauma.* Manuscript in preparation.

**Vasquez, J.** & Bowie-Viverette, A.C. (expected 2027). *From graduate school to private practice: Assessing the impact of a business skills training program for MSWs.* Manuscript in preparation.

Ryan, T. & **Vasquez, J.** (expected 2027). *The inner landscape of the yoga teacher: An exploration of self-inquiry in advanced training.* Manuscript in preparation.

**DISSERTATION:**

**Vasquez, J. A.** (2022). *Meaning making: Understanding professional quality of life*

*for NeuroAffective Relational Model trained trauma therapists* (Order No. 29069087) [Doctoral dissertation, Our Lady of the Lake University]. ProQuest One Academic; Sociological Abstracts. <https://www.proquest.com/dissertations-theses/meaning-making-understanding-professional-quality/docview/2659277203/se-2>

**WHITE PAPER:**

Viverette, A., **Vasquez, J**., Moreno, N., Ruelas, R., Gomez, R.J. (2020).  *A gap in the*

*recovery continuum:  Is a San Antonio recovery high school the solution?* Recovery High School Task Force. <https://www.researchgate.net/publication/343224957_A_recovery_high_school_needs_assessment>

**GRANTS**

**Awarded**

2.26.20: "Emerging Scholar Research Grant," Sponsored by Our Lady of the Lake University, $570.00

**Submitted, Under Review**

6.25.25: National Institute of Health, National Center for Complementary and Integrative Health, R15 Research Enhancement Award, PAR-25-134; *A study of the experiences and effects of yoga therapy interventions on recovery high school youth depression, anxiety, stress, commitment to sobriety, and mindful self-care*.

* $250,000 budget

9.27.25: TXST Research Enhancement Program grant application: *Examining Licensure Pass Rates for Master of Social Work (MSW) Students at a Hispanic Serving Institution (HSI): A Comparative Analysis of Contributing Factors*

* $24,000 budget

10.7.25: National Institute of Health, National Center for Complementary and Integrative Health, R34 Feasibility Clinical Trials of Mind and Body Interventions for NCCIH High Priority Research Topics, PAR-25-274: *Feasibility and Outcomes of Yoga Therapy for Adolescents with Substance Use Disorders in a Recovery High School Setting.*

* $449,416 budget

**Submitted, Not Funded**

10.9.24: Submitted TXST Research Enhancement Program grant application: *Examining Licensure Pass Rates for Master of Social Work (MSW) Students at a Hispanic Serving Institution (HSI): A Comparative Analysis of Contributing Factors*

* $16,000 budget

5.31.23: Submitted an ASWB Member Engagement and Regulatory Services Request for Proposals: Regulatory Research Initiative to Advance Equity grant application: *Examining Licensure Pass Rates for Social Work Students at a Hispanic Serving Institution (HSI): A Comparative Analysis of Contributing Factors*

* $555,094 budget

10/5/23: Submitted TXST Research Enhancement Program grant application: *Disparities in Licensed Master Social Worker (LMSW) eventual exam pass rates across diverse groups*

* $16,000 budget

11.25.23: Brandeis-Harvard SPIRE Center on SUD Systems Performance Improvement Research and Engagement Funding for Mentored Pilot Papers: *The characteristics of substance use services and facilities for youth: Results from U.S. National Surveys*

* $3,000 budget

1.2.23: William T Grant Foundation CFP: Research Grants On Reducing Inequality: *Examining Licensure Pass Rates for Social Work Students at a Hispanic Serving Institution (HSI): A Comparative Analysis of Contributing Factors*

* $242,824 budget

6.25.25: National Institute of Health, National Center for Complementary and Integrative Health, R15 Research Enhancement Award, PAR-25-134; *A study of the experiences and effects of yoga therapy interventions on recovery high school youth depression, anxiety, stress, commitment to sobriety, and mindful self-care*.

* $250,000 budget

**Submitted**

**FELLOWSHIPS**

SU24: Center for Health Equity Research Institute Fellow

F24-S25: Center for Health Equity Research Institute Scholar

**CONFERENCE PRESENTATIONS (Peer Reviewed)**

**Completed**

5/2025 21st International Congress of Qualitative Inquiry, presenter, *How Viniyoga Supports Health and Healing,* virtual

1/2025: *The Impact of Therapeutic Viniyoga on State Change* presentation at the European Congress on Qualitative Inquiry, University of Edinburgh, Edinburgh, Scotland

11/2024: *Texas Women’s Rights Committee - Women’s Empowerment in Health Care* conference presentation at the 48th annual National Association of Social Workers-TX , Arlington, TX

11/2024: *Equity and Equality Through Activism – A Panel Discussion with the Chairs of the NASW-TX Equity Committees* conference panel at the 48th annual National Association of Social Workers-TX , Arlington, TX

10/2024: *The Effects of a Recovery High School Program on Recovering Adolescents’ Resilience and Depression* poster presentation at the 2024 Addiction Health Services Research Conference, San Francisco, CA

10/2024: *The Impact of Viniyoga Therapy on State Change*conference presentation at the 2024 Council on Social Work Education Annual Program Meeting, Kansas City, MO

5/2024: *The Impact of NARM on Client Agency* conference presentation at the 20th International Congress of Qualitative Inquiry, University of Illinois, Urbana-Champaign, IL

10/2023: *The State of Texas Women: How Women’s Rights Were Impacted by the 88th Legislative Session* conference presentation at the 47th annual National Association of Social Workers -TX Conference in Galveston, TX

1/2023 Society on Social Work Research (SSWR) Conference, virtual Poster presentation: *Meaning Making: Understanding Professional Quality of Life for Neuroaffective Relational Model Trained Trauma Therapists*, virtual

5/2022 Boston Trauma Conference, poster presentation, *Meaning Making: Understanding Professional Quality of Life for Neuroaffective Relational Model Trained Trauma Therapists,* Boston, MA

4/2022 Social Work Distance Education Conference, presenter, *Feedback From the Bottom Up,* virtual

11/2021 Council on Social Work Education (CSWE) 2021 Annual Program Meeting, presenter, *A Workshop on Trauma Informed Self-care for Racial, Economic, and Environmental Justice*, Interactive Workshop in the Interprofessional Education and Collaborative Practice Track, Walt Disney World Swan and Dolphin Resort in Lake Buena Vista, Orlando, Florida

11/2021 Council on Social Work Education (CSWE) 2021 Annual Program Meeting, presenter, *Impact of the Covid 19 pandemic on the economic and psychological well-being among US college students,* Walt Disney World Swan and Dolphin Resort in Lake Buena Vista, Orlando, Florida

4/2021 Social Work Distance Education Conference, presenter, *Doctoral Student Experiences in an Inaugural Online PhD Program,* virtual

1/2021 Society on Social Work Research (SSWR) Conference, presenter, poster presentation, *Is a Recovery High School the Solution: A Qualitative Study,* virtual

**Accepted**

10/2025 NASW-TX Conference, presenter, *Women's Rights in the Workplace: Supporting Supervisees,* virtual

1/2026 World Congress on Qualitative Research, presenter, *Exploring Viniyoga Therapists’ Perceptions of the Impact of Therapeutic Interventions on Health: A Convergent Mixed Methods Study,* Complutense University of Madrid, Madrid, Spain

1/2026 Society on Social Work Research (SSWR) Conference, presenter, *Leveraging Organizations & Managers to Close the Health Gap: The Characteristics of Adolescent Tailored Substance Use Treatment Facilities & Services,* Washington, DC

**Submitted**

1/2026 European Congress on Qualitative Inquiry, presenter, *Breath as Dialogue: Exploring Viniyoga Therapy as a Collaborative Practice of Transformation in Uncertain Times*, National and Kapodistrian University of Athens,Athens, Greece

4/20/26 International Congress on Integrative Medicine and Health, presenter, *Measuring What Matters: Scaling Trauma-Informed Yoga Therapy to Revolutionize Adolescent Substance Use Disorder Care in Recovery High Schools,* Salt Lake City, UT

**HIGHER EDUCATION EXPERIENCE**

8/2023-present *Texas State University, School of Social Work, San Marcos, TX, Assistant Professor*

* Fall 2025: SOWK 5312 Introduction to Drug and Alcohol Addiction, MSW online, SOWK 5314 Foundation of Social Work Practice II, MSW online, SOWK 5373 Advanced Group Intervention, MSW online
* Summer 2025: SOWK 5373 Advanced Group Intervention, MSW online, Personnel Committee evaluation 5/5
* Spring 2025: SOWK 3312 Alcohol and Chemical Dependency, BSW online; SOWK 5372 Advanced Diagnostic Assessment and Intervention with Individuals, MSW on campus
* Fall 2024: SOWK 5373 Advanced Group Intervention, MSW on campus, 4.28/5 student evaluation; SOWK 5312 Introduction to Drug and Alcohol Addiction, MSW online, 3.98/5 student evaluation
* Summer 2024: SOWK 2375 Social Services in the Community, BSW online, 4.23/5 student evaluation
* Spring 2024: SOWK 5372 Advanced Diagnostic Assessment and Intervention with Individuals, MSW on campus, 4.46/5 student evaluation
* Fall 2023: SOWK 5373 Advanced Group Intervention, MSW on campus, 4.69/5 student evaluation

1/2020- 8/2023 *Texas State University, School of Social Work, San Marcos, TX, Lecturer, BSW Field Coordinator*

* Summer 2023: SOWK 2375 Social Services in the Community, BSW online, 4.39/5 student evaluation
* Spring 2023: SOWK 4356 Professionalism in Social Work, BSW online, 4.80/5 student evaluation; SOWK 4374 Generalist Field Practicum I, BSW online, 4.85/5 student evaluation; SOWK 4975 Generalist Field Practicum II, BSW online, 4.91/5 student evaluation
* Fall 2022: SOWK 4356 Professionalism in Social Work, BSW online, 4.63/5 student evaluation; SOWK 4374 Generalist Field Practicum I, BSW online, 4.91/5 student evaluation; SOWK 4975 Generalist Field Practicum II, BSW online, 4.81/5 student evaluation
* Summer 2022: SOWK 2375 Social Services in the Community, BSW online, 4.68/5 student evaluation; SOWK 4355 Policy Practice, BSW online, 4.22/5 student evaluation
* Spring 2022: SOWK 5411 Foundation Field II, MSW online, 4.97/5 student evaluation, SOWK 4356 Professionalism in Social Work, BSW online, 4.62/5 student evaluation; SOWK 2375 Social Services in the Community, BSW on campus, 4.51/5 student evaluation
* Fall 2021: SOWK 2375 Social Services in the Community, BSW on campus, 4.43/5 student evaluation; SOWK 5410 Foundation Field I, MSW online, 4.76/5 student evaluation
* Summer 2021: SOWK 2375 Social Services in the Community, BSW online, 4.89/5 student evaluation; SOWK 4355 Policy Practice, BSW online, 5/5 student evaluation
* Spring 2021: SOWK 4374 Generalist Field Practicum 1, BSW online, 4.92/5 student evaluation; SOWK 4975, Generalist Field Practicum II, BSW online, 4.94/5 student evaluation; SOWK 5410, Foundation Field 1, MSW online, 4.56/5 student evaluation; SOWK 5411 Foundation Field II, MSW online, 4.54/5 student evaluation
* Fall 2020: SOWK 4374 Generalist Field Practicum 1, BSW on campus, 4.65/5 student evaluation; SOWK 4975 Generalist Field Practicum II, BSW on campus, 4.83/5 student evaluation; SOWK 5378 Advanced Field Practicum I, MSW online, 4.84/5 student evaluation; SOWK 5979 Advanced Field Practicum II, MSW online, 4.83/5 student evaluation
* Summer 2020: BHWET grant funded MSW field seminar course online,
* Spring 2020: SOWK 4645 Beginning Field Practice, BSW on campus, 4.45/5 student evaluation; SOWK 4650 Advanced Field Practice, BSW on campus, SOWK 5410 Foundation Field I, MSW on campus, 4.46/5 student evaluation; SOWK 5411 Foundation Field II, MSW on campus

8/2019-8/2022 *Our Lady of the Lake University, San Antonio, TX,* Adjunct Professor

* Summer 2022: SOWK 7328- Social Work Practice with Hispanic Youth, MSW online
* Spring 2022: SOWK 7371- Psychopathology, MSW online
* Fall 2021: SOWK 7328- Social Work Practice with Hispanic Youth, MSW online
* Summer 2021: SOWK 7328- Social Work Practice with Hispanic Youth, MSW online
* Spring 2021: SOWK 7328- Social Work Practice with Hispanic Youth, MSW online
* Fall 2020: SOWK 6332- Human Behavior and the Social Environment: Individuals and Families, MSW online
* Summer 2020: SOWK 6332- Human Behavior and the Social Environment: Individuals and Families, MSW online
* Spring 2020: SOWK 6332- Human Behavior and the Social Environment: Individuals and Families, MSW online
* Fall 2019: SOWK 6332 - Human Behavior and the Social Environment: Individuals and Families, MSW online

6/2010-8/2016 *University of Texas at Austin, University of Texas at San Antonio, Texas State University, Field Instructor*

* Supervise over 60 Bachelor and Master level Counseling and Social Work student interns
* Observe the clinical skills of the student intern
* Evaluate the professional capacity of the student intern
* Provide weekly instruction on the ethics of the profession
* Guide the clinical development of the student intern

12/2017 *Austin Community College, Austin, Texas*

* You Matter! Self-Care & Stress Management facilitator, ACC Student Success Series

**CLINICAL EXPERIENCE**

8/2020- present *Inspired Practice LLC,* Co-Owner, Clinical Director

* Organizational leadership of group therapy practice
* Implement clinical direction
* Provide supervision to LMSWs pursuing their LCSW
* Facilitate presentations on clinical efficacy and supervision
* Administer clinical therapy including EMDR, Somatic Experiencing (SE), NeuroAffective Relational Model (NARM), and Integral Somatic Psychology (ISP)

8/2021- present *Yoga Jena Wellness LLC, Owner, Yoga Therapist*

* Wellness Practice providing yoga therapy and yoga services

10/2018-1/2022 *St David’s Medical Center*, Austin, Texas, Social Worker

* Facilitate complex case management
* Complete discharge planning
* Coordinate post-acute placement and referrals
* Assess patients expressing suicidal ideation
* Substance abuse consultation, assessment, and referrals
* Conduct Telepsychiatry evaluations

11/2016-10/2018 *Austin Community College*, Austin, Texas, Special Populations Advocate

* Provide case management, counseling, advising, and advocacy for economically disadvantaged students to remove the barriers to graduation
* Serve as Campus Champion for Foster Care Alumni
* Facilitate trainings and presentations on topics such as stress management, self-care, organization, and college success strategies
* Develop a support group for survivors of sexual assault and abuse on campus
* Coordinate large scale conference for college bound youth Foster Care
* Manage a case load of 300+ advisees
* Train and mentor new Advisor in the Insider Track Academic Coaching certification program

6/2010- 11/2016 *Hays-Caldwell Women’s Center*, San Marcos, Texas, Counseling & Resource Program Director

* Coordinate and facilitate the provision of counseling and advocacy services for victims of sexual assault, abuse, and interpersonal violence
* Supervise 9 full time staff members including Counselors, Legal Advocates, and Advocates
* Provide Agency Leadership as a member of the Management Team
* Facilitate presentations, training, and an annual large-scale conference in the areas of sexual assault, abuse and interpersonal violence to community members, professionals, staff, interns, and volunteers
* Educate, train, and supervise Social Work and Counseling students from University of Texas at Austin, Texas State University and University of Texas at San Antonio in the issues of sexual assault, abuse, and interpersonal violence as their Field Instructor
* Provide counseling and advocacy for victims of domestic violence, sexual assault, and abuse
* Expert Witness for Hays and Caldwell County District Attorneys in Domestic Violence and Sexual Assault

3/2005-5/2010 *Resurrection Behavioral Health*, Professionals Program, Chicago, Illinois, Group Facilitator, Yoga Therapist

* Facilitate therapeutic groups for medical professionals in a day treatment program for addiction recovery utilizing yoga, meditation, and mindfulness

**CLINICAL CERTIFICATION**

2023 EMDR Certified Therapist; Eye Movement Desensitization and Reprocessing (EMDR) International Association

2023 Integral Somatic Psychology (ISP) Practitioner; Integral Somatic Psychology LLC

2019 NeuroAffective Relational Model (NARM) Therapist; NARM Training Institute

2017 Certified Yoga Therapist (C-IAYT); International Association of Yoga Therapists

2016 Somatic Experiencing Practitioner (SEP); Somatic Experiencing International

**CLINICAL PRESENTATIONS (Invited)**

6/2024 The Yoga Well podcast interview:[*Research on How Viniyoga Supports Health & Healing*](https://open.spotify.com/episode/4EEljERufJdvLkNGrQdxlt)

3/2024 The Yoga Well podcast interview: [*Defining Yoga in the Field of Yoga Research*](https://open.spotify.com/episode/0PrYKMe14vPgztux88yxNh?go=1&sp_cid=ef0efae29cb6fdab20cdbfe4ed8ee33f&utm_source=embed_player_p&utm_medium=desktop&nd=1&dlsi=926ed09963f6415e)

1/2024 Texas State University School of Social Work Field Instructor training

* Clinical Supervision presentation

8/2023 Texas State University School of Social Work Field Instructor training

* Clinical Supervision presentation

2/2023 Texas State University School of Social Work Field Instructor training

* Clinical Supervision presentation

5/2022 Transforming Trauma podcast interview: [*Professional Quality of Life for Trauma Therapists*](https://podcasts.apple.com/us/podcast/professional-quality-of-life-for-trauma-therapists/id1496190024?i=1000562165852)

5/2021 Austin In Connection presentation: *The NeuroAffective Relational Model*

2/2020- 1/2021 *Neuro Affective Relational Model (NARM) Training Institute, Co- Training Assistant*

* Assist in facilitating the four modules of the NARM 2020 Austin 120-hour training

11/2014 *Central Texas Perinatal Coalition, Austin, Texas*

* Domestic Violence for Healthcare Professionals Training presenter

5/2014 *Texas Council on Family Violence and Office of the Attorney General*, *Austin, Texas*

* Family Violence Training, Local Resources Panel Discussion presenter

5/2014 *University of Texas, School of Social Work, Austin, Texas*

* Field Instruction Focus Group participant

1/2014 *Hays County Dispute Resolution Center, San Marcos, Texas*

* Advanced Family Mediation Training facilitator

12/2013 *Texas Association Against Sexual Assault*, *Austin, Texas*

* Region B Focus Group participant

11/2013 *Hays County District Attorney’s Office, San Marcos, Texas*

* Crimes of Domestic and Sexual Violence: A Comprehensive Response; After 911: Keeping Victims Safe, Supported and Informed Conference presenter

9/2013 *San Marcos Public Library, San Marcos, Texas*

* Healthy Relationships discussion facilitator

9/2013, *Hays County District Attorney, Family Justice Division*, *San Marcos, Texas*

* Victim Safety and Services training facilitator

5/2013 *Hays County Sheriff’s Office, San Marcos, Texas*

* Texas Council on Family Violence Criminal Justice System Response Training coordinator

11/2012-6/2013 *Travis County Domestic Violence & Sexual Assault Survival Center, Austin, TX*

* Children’s Justice Act Project Consultant

9/2011 *Hays County Dispute Resolution Center, San Marcos, Texas*

* Dynamics of Family Violence facilitator, Family Mediation Training

11/2011 *Community Supervision and Corrections Department of Caldwell, Comal and Hays Counties, San Marcos, Texas*

* Dynamics of Family Violence Training facilitator

9/2010 *Hays County Dispute Resolution Center, San Marcos, Texas*

* Dynamics of Family Violence facilitator, Family Mediation Training

9/2010- 3/2015 *Hays Caldwell Women’s Center, San Marcos, Texas*

* Dynamics of Sexual Assault facilitator, Advocate Training
* Dynamics of Family Violence/Legal Overview facilitator, Advocate Training
* Advocacy and Crisis Intervention 2 facilitator, Advocate Training
* Advocacy and Crisis Intervention 1 facilitator, Advocate Training
* Boundaries and Values in Advocacy facilitator, Advocate Training

**PROFESSIONAL MEMBERSHIP**

* Licensed Clinical Social Worker, Supervisor (LCSW-S)
* National Association of Social Workers (NASW) member
* Society on Social Work Research (SSWR) member
* Council on Social Work Education (CSWE) member
* National Society for Leadership and Success member
* Clinical Social Work Association member
* Society for Psychotherapy Research member
* Texas Society for Clinical Social Work member
* EMDRIA member
* Somatic Experiencing Practitioner (SEP)
* Somatic Experiencing Trauma Institute (SETI) member
* Neuro Affective Relational Model Therapist (NARM)
* Neuro Affective Relational Model (NARM) Training Institute Inner Circle member
* United States Association for Body Psychotherapy (USABP) member
* Certified Yoga Therapist (IAYT-C)
* International Association of Yoga Therapists (IAYT) member
* Registered Yoga Teacher (RYT-500)
* Yoga Alliance member

**SERVICE**

* Reviewer of student submissions to the 2025 NASW TX 2025 Stacie McGee Student Scholar Awards
* NASW Board of Directors, Region 7 Representative, 2025-present
* NASW Delegate Assembly, Mental Health delegate, 2024-present
* NASW Texas Women’s Rights Committee Chair, 2023-present
* NASW Texas Women’s Rights Committee Co-Chair, 2020-2023
* Texas State University School of Social Work Program Standards Committee member, 2023-present
* Texas State University School of Social Work Field Education Committee member, 2019-present
* Texas State University School of Social Work Field Curriculum Committee member, 2019-2023
* Texas State University School of Social Work Non-Tenure Line Faculty Committee member, 2019-2023
* SAFE Austin Sexual Assault Advocate, 2017-18
* National Domestic Violence Hotline Advocate, 2012-13

**HONORS**

* Teaching Award of Honor, Spring 2020
* The National Society of Leadership and Success member, 2022
* Emerging Scholars Grant, Our Lady of the Lake University, 2019
* SWDE Conference scholarship, Our Lady of the Lake University, 2019- 2022
* Texas Field Instructor of the Year, Texas Field Educators Consortium, 2014
* Field Instructor of the Year, University of Texas at San Antonio School of Social Work, 2014
* Award for Excellence and Dedication in Working with Diverse Populations, Texas Association Against Sexual Assault, 2011
* Deans List, Dominican University Graduate School of Social Work, 2005-07
* Deans Scholarship recipient, Dominican University Graduate School of Social Work, 2005-07
* Student Association President, Dominican University Graduate School of Social Work, 2006-07
* Ethics Committee member, Dominican University Graduate School of Social Work, 2006-07
* Phi Alpha National Honor Society member, 2006
* National Association of Social Workers Student Network Committee Liaison, 2005
* Kappa Omicron Nu National Honor Society member, 1998
* All American Scholar, 1998