

Tricia J. Burke

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Department of Communication Studies
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[Faculty Profile](#)
[Personal Website](#)

EDUCATION

- Ph.D. University of Arizona, 2012
 Communication (Committee: Chris Segrin, Steve Rains, Joe Bonito)
- M.A. University of Arizona, 2007
 Communication
- B.A. University of Arizona, 2005
 Communication & Psychology

ACADEMIC EMPLOYMENT

- 2018 – present Associate Professor
 Department of Communication Studies, Texas State University
- 2018 – 2019 Director of Graduate Studies
 Department of Communication Studies, Texas State University
- 2013 – present Assistant Professor
 Department of Communication Studies, Texas State University
- 2012 – 2013 Visiting Assistant Professor
 Department of Communication Studies, University of Puget Sound

RESEARCH INTERESTS

My research interests lie at the intersection of interpersonal and health communication, with a focus on health communication messages (e.g., social influence, social support) in the context of romantic, family, and co-worker relationships. I am also interested in examining interpersonal communication challenges (e.g., social skills, conflict) in conjunction with psychosocial and relational well-being.

PUBLICATIONS

*Conducted as a faculty member with at least one student co-author; **Work completed under my maiden name.

REFEREED JOURNAL ARTICLES

Segrin, C., Kauer, T., & **Burke, T. J.** (n press). Overparenting is associated with perfectionism in parents of young adults. *Couple and Family Psychology: Research and Practice*.

Crowley, J., **Burke, T. J.**, Denes, A., Allred, R., & Carberry, E. (in press). Relational turbulence in the wake of weight transitions: A Support marshaling analysis. *Personal Relationships*.

Arroyo, A., **Burke, T. J.**, & Young, V. J. (2019). Promoting positive body image in close relationships: An application of confirmation, self-determination, social control, and social support. *Journal of Social and Personal Relationships*.

Ray, C., **Burke, T. J.**, Young, V. J., & Curran, M. A. (2019). Enacting social control to encourage healthier partner diet and exercise behavior: Considering the roles of constraints and topic avoidance. *Southern Communication Journal*. doi:10.1080/1041794X.2019.1644665

Young, V. J., **Burke, T. J.**, & Curran, M. A. (2019). Interpersonal effects of health-related social control: Positive and negative influence, partner health transformations, and relationship quality. *Journal of Social and Personal Relationships*. doi:10.1177/0265407519846565

*Segrin, C., Kauer, T. B., & **Burke, T. J.** (2019). Indirect effects of family cohesion on emerging adult perfectionism through anxious rearing and social expectations. *Journal of Child and Family Studies*, 28, 2280-2285. doi:10.1007/s10826-019-01444-2

*Dailey, S. L., **Burke, T. J.**, & Carberry, E. G. (2018). For better or for work: Dual discourses in a workplace wellness program. *Management Communication Quarterly*, 32, 612-626. doi:10.1177/0893318917746018

*Menge, L. D., Hu, Y., Crixell, S. L., Lloyd, L. K., Bezner, J. R., & **Burke, T. J.** (2018). Influences on catered event ordering in a university workplace: Development and validation of the Understanding Food Ordering Survey. *American Journal of Health Promotion*, October, 1-4. doi:10.1177/0890117118807217

Burke, T. J., & Rains, S. A. (2018). The paradoxical outcomes of observing others' exercise behavior on social network sites: Friends' exercise posts, exercise attitudes, and weight concern. *Health Communication*, 34, 475-483. doi:10.1080/10410236.2018.1428404

*Ruppel, E., **Burke, T. J.**, Cherney, M., & Dinsmore, D. (2018). Social compensation and enhancement via mediated communication in the transition to college. *Human Communication Research*, 44, 58-79. doi:10.1093/hcr/hqx003

Burke, T. J., Segrin, C., & Farris, K. L. (2018). Young adult and parent perceptions of facilitation: Associations with overparenting, family functioning, and student adjustment. *Journal of Family Communication*, 18, 233-247. doi:10.1080/15267431.2018.1467913

- *Horan, S. M., Morgan, T., & **Burke, T. J.** (2018). Sex and risk: Parental messages and associated safety/risk behavior of adult children. *Communication Quarterly*, 66, 403-422. doi:10.1080/01463373.2017.1418404
- Bezner, J. R., Lloyd, L. K., Crixell, S. H., & **Burke, T. J.** (2017). The health care provider's role in supporting positive health behavior change: Developing an effective and supportive communication approach. *Medical Research Archives*, 5. <https://journals.ke-i.org/index.php/mra/article/view/1523>
- *Ruppel, E. K., **Burke, T. J.**, & Cherney, M. (2017). Channel complementarity and multiplexity in long distance friends' patterns of communication technology use. *New Media & Society*. doi:10.1177/1461444817699995
- ***Burke, T. J.**, Dailey, S. L., & Zhu, Y. (2017). Let's work out: Communication in workplace wellness programs. *International Journal of Workplace Health Management*, 10, 101-115. doi:10.1108/IHWHM-07-2016-0055
- Young, V. J., & **Burke, T. J.** (2017). Self, partner, and relationship motivations for healthy and unhealthy behaviors. *Health Psychology Report*, 5, 219-226. doi:10.5114/hpr.2017.65221
- Burke, T. J.**, & Segrin, C. (2017). Weight-related social control in couples: Associations with motives, constraints, and health behaviors. *Communication Research*, 44, 348-366. doi:10.1177/0093650215590606
- ***Burke, T. J.**, Ruppel, E., & Dinsmore, D. (2016). Moving away and reaching out: Young adults' relational maintenance and psychosocial well-being during the transition to college. *Journal of Family Communication*, 16, 180-187. doi:10.1080/15267431.2016.1146724
- Givertz, M., **Burke, T.**, Segrin, C., & Woszidlo, A. (2016). Attachment orientation moderates the relationship between dedication and constraint commitment and felt constraint in married couples. *Couple and Family Psychology: Research and Practice*, 5, 1-11. doi:10.1037/cfp0000052
- Curran, M. A., **Burke, T. J.**, Young, V. J., & Totenhagen, C. (2016). Relational sacrifices about intimate behavior and relationship quality for expectant cohabitators. *Marriage and Family Review*, 52, 442-460. doi:10.1080/01494929.2015.1113225
- Burke, T. J.**, & Segrin, C. (2016). Weight-related social control and relationship quality: Accuracy and bias effects. *Journal of Social and Personal Relationships*, 33, 999-1017. doi:10.1177/0265407515615692
- Relationship Matters podcast series selection**
- Burke, T. J.**, & Ruppel, E. K. (2015). Facebook self-presentational motives: Daily effects on social anxiety and interaction success. *Communication Studies*, 66, 204-217. doi:10.1080/10510974.2014.884014

- Ruppel, E. K., & **Burke, T. J.** (2015). Complementary channel use and the role of social competence. *Journal of Computer Mediated Communication*, 20, 37-51. doi:10.1111/jcc4.12091
- Segrin, C., & **Burke, T. J.** (2015). Loneliness and sleep quality: Dyadic effects and stress effects. *Behavioral Sleep Medicine*, 13, 241-254. doi:10.1080/15402002.2013.860897
- Burke, T. J.**, & Segrin, C. (2014). Bonded or stuck? Effects of personal and constraint commitment on loneliness and stress. *Personality and Individual Differences*, 64, 101-106. doi:10.1016/j.paid.2014.02.27
- Burke, T. J.**, & Segrin, C. (2014). Examining diet- and exercise-related communication in romantic relationships: Associations with health behaviors. *Health Communication*, 29, 877-887. doi:10.1080/10410236.2013.811625
- Burke, T. J.**, Wosidlo, A., & Segrin, C. (2013). The intergenerational transmission of social skills and psychosocial problems among parents and their young adult children. *Journal of Family Communication*, 13, 77-91. doi:10.1080/15267431.2013.768247
Article of the Year Award from the *Journal of Family Communication*
- Burke, T. J.**, Randall, A. K., Corkery, S. A., Young, V. J., & Butler, E. A. (2012). "You're going to eat *that*?" Relationship processes and conflict among mixed weight couples. *Journal of Social and Personal Relationships*, 29, 1109-1130. doi:10.1177/0265407512451199
Relationship Matters podcast series selection
- Burke, T. J.**, Wosidlo, A., & Segrin, C. (2012). Social skills, family conflict, and loneliness in families. *Communication Reports*, 25, 75-87. doi:10.1080/08934215.2012.719461
- Burke, T. J.**, & Young, V. J. (2012). Sexual transformations and intimate behaviors in romantic relationships. *Journal of Sex Research*, 49, 454-463. doi:10.1080/00224499.2011.569977
- Segrin, C., **Burke, T. J.**, & Dunivan, M. (2012). Loneliness and poor health within families. *Journal of Social and Personal Relationships*, 29, 597-611. doi:10.1177/0265407512443434
- Segrin, C., & **Domschke, T.** (2011). Social support, loneliness, recuperative processes, and their direct and indirect effects on health. *Health Communication*, 26, 221-232. doi:10.1080/10410236.2010.546771
- Segrin, C., Hanzal, A.D., & **Domschke, T. J.** (2009). Accuracy and bias in newlywed couples' perceptions of conflict styles and the association with marital satisfaction. *Communication Monographs*, 76, 207-233. doi:10.1080/03637750902828404
- Segrin, C., Hanzal, A., Donnerstein, C., Taylor, M., & **Domschke, T. J.** (2007). Social skills, psychological well-being, and the mediating role of perceived stress. *Anxiety, Stress, and Coping*, 20, 321-329. doi:10.1080/10615800701282252
- Nabi, R., Finnerty, K., **Domschke, T.**, & Hull, S. (2006). Does misery love company? Exploring the therapeutic effects of TV viewing on regretted experiences. *Journal of Communication*, 56, 689-706. doi:10.1111/j.1460-2466.2006.00315.x

INVITED BOOK CHAPTERS AND ENCYCLOPEDIA ENTRIES

- Burke, T. J.** (2019). "Let's take a walk": Relationship maintenance and health communication in romantic relationships. In J. Theiss and K. Greene (Eds.), *Contemporary Studies of Relationships, Health, and Wellness*. Cambridge University Press.
- Burke, T. J.** (2016). Anxiousness. In V. Zeigler-Hill, & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. Springer Meteor Publishing. doi:10.1007/978-3-319-28099-8_1043-1
- Segrin, C., **Burke, T. J.**, & Badger, T. (2016). Loneliness, relationships, and health. In A. Rokach (Ed.), *The Correlates of Loneliness*. Sharjah, UAE: Bentham Science Publishers.

IN PROGRESS

- *Burns, M., **Burke, T. J.**, Donahue, N., & Davis, J. (2019). It's an adjustment for me, too: Parents' perspectives on their children's transitions to college. *Manuscript in preparation*.
- ***Burke, T. J.**, Crowley, J. P., Allred, R., & Carberry, E. (2019). Support marshaling motives in partners' weight-related communication. *Manuscript in data analysis*.
- ***Burke, T. J.**, Arroyo, A., & Young, V. J. (2019). Identifying health communication strategies in close relationships. *Manuscript in data analysis*.
- *Segrin, C., **Burke, T. J.**, & Kauer, T. (2019). Understanding health influence in association with family communication. *Manuscript in data analysis*.
- Burke, T. J.**, Burns, M., & Farris, K. L. (2019). Supervisors as workplace wellness gatekeepers: Designing a training intervention for improving the culture of health. *Manuscript in data collection*.

CONVENTION PRESENTATIONS

- Burns, M., Donahue, N., & **Burke, T. J.** (2019, April). To ground or abandon the helicopter: The parent experience with the college transition. Presented at the annual meeting of the Central States Communication Association, Omaha, NE.
- Burke, T. J.**, Segrin, C., & Farris, K. (2018, November). Young adult and parent perceptions of facilitation: Associations with overparenting, family functioning, and student adjustment. Presented at the annual meeting of the National Communication Association, Salt Lake City, UT.
- Sahlstein, E. M., Willenborg, J. P., **Burke, T. J.**, et al. (2018, November). The individual at play in interpersonal communication theories and research. Presented at the annual meeting of the National Communication Association, Salt Lake City, UT.
- Burke, T. J.**, & Young, V. J. (2018, July). Understanding the role of relational influence in the context of relational commitment, investment, and sacrifice. Presented at the bi-annual meeting of the International Association for Relationship Research, Ft. Collins, CO.

- Mentoring Committee Members (2018, July). Special panel by IARR Mentoring Committee: Laying the groundwork for a successful career in relationship science. Presented at the bi-annual meeting of the International Association for Relationship Research. Ft. Collins, CO.
- Crowley, J. P., **Burke, T. J.**, Denes, A., Allred, R., & Carberry, E. (2018, May). Navigating relational turbulence in the wake of weight loss transitions: A support marshaling analysis. Presented at the annual meeting of the International Communication Association, Prague, Czech Republic.
- Jackson, D., Young, V. J., & **Burke, T. J.** (2017, November). I win and we both lose: Individual conflict styles, demand-withdrawal patterns, and relationship satisfaction outcomes of conflict communication. Presented at the annual meeting of the National Communication Association, Dallas, TX.
- *Carberry, E., & **Burke, T. J.** (2017, June). Do you know who you're sleeping with? Accuracy and bias in couples' sexual communication. Presented at the mini conference for the International Association for Relationship Research, Syracuse, NY.
- *Young, V. J., Jackson, D., & **Burke, T. J.** (2017, June). Couples' conflict evaluations and relationship quality. Presented at the mini conference for the International Association for Relationship Research, Syracuse, NY.
- Burke, T. J.**, & Rains, S. R. (2017, May). The paradoxical outcomes of observing others' exercise behavior on social network sites: Friends' exercise posts, exercise attitudes, and weight. Presented at the annual meeting of the International Communication Association, San Diego, CA.
- *Dailey, S. L., **Burke, T. J.**, & Carberry, E. (2017, May). For better or for work: Competing discourses in a workplace wellness program. Presented at the annual meeting of the International Communication Association, San Diego, CA.
- *Burns, M., **Burke, T. J.**, & Waldbuesser, C. (2017, March). Family communication patterns and student well-being during the transition to college. Presented at the annual meeting of the Central States Communication Association, Minneapolis, MN.
- ***Burke, T. J.**, Dailey, S., & Zhu, Y. (2016, November). Let's hit the gym: Co-worker influence, social support, and organizational socialization in workplace wellness programs. Presented at the annual meeting of the National Communication Association, Philadelphia, PA.
- *Ruppel, E. K., **Burke, T. J.**, Cherney, M., & Dinsmore, D. (2016, July). Social competence and communication with parents in the transition to college. Presented at the annual meeting of the International Association for Relationship Research, Toronto, Canada.
- *Burns, M., **Burke, T. J.**, & Waldbuesser, C. (2016, April). College, a family experience: The influence of family communication patterns on young adult stress during the transition to college. Presented at the annual meeting of the Central States Communication Association, Grand Rapids, MI (Top paper).

- *Horan, S., Morgan, T., & **Burke, T. J.** (2016, April). Sex, alcohol, and risk: Parental messages and associated behavior of adult children. Presented at the annual meeting of the Eastern States Communication Association, Baltimore, MD.
- ***Burke, T. J.**, Ruppel, E., & Dinsmore, D. (2015, November). Moving away and reaching out: Students' relational maintenance and psychosocial well-being during the transition to college. Presented at the annual meeting of the National Communication Association, Las Vegas, NV.
- Givertz, M., **Burke, T. J.**, Segrin, C., & Wozidlo, A. (2015, November). Attachment orientation moderates the relationship between commitment types and felt constraint in married couples. Presented at the annual meeting of the National Communication Association, Las Vegas, NV.
- *Morgan, T. M., **Burke, T. J.**, & Young, V. J. (2015, November). The relational costs and rewards of sexual communication. Presented at the annual meeting of the National Communication Association, Las Vegas, NV.
- *Ruppel, E., **Burke, T. J.**, & Cherney, M. (2015, November). Long-distance friends' patterns of communication technology use: Channel complementarity and multiplexity. Presented at the annual meeting of the National Communication Association, Las Vegas, NV.
- Burke, T. J.**, & Segrin, C. (2015, June). Accuracy and bias in couples' weight-related social influence. Presented at the mini conference for the International Association for Relationship Research, New Brunswick, NJ.
- *Draper, P., Dinsmore, D., & **Burke, T. J.** (2015, June). A dyadic examination of social influence and relational quality regarding health-dependent diets. Presented at the mini conference for the International Association for Relationship Research, New Brunswick, NJ.
- *Young, V. J., Slifer, E., & **Burke, T. J.** (2015, June). Extrinsic unhealthy motivations in romantic relationships. Presented at the mini conference for the International Association for Relationship Research, New Brunswick, NJ.
- Burke, T. J.** (2015, May). Enacting social control to encourage healthier partner diet and exercise behavior: Motives, constraints, and topic avoidance. Presented at the annual meeting of the International Communication Association, San Juan, PR.
- Burke, T. J.**, Young V. J., Totenhagen, C., & Curran, M. A. (2014, November). Relational sacrifices about intimate behavior and relationship quality for expectant cohabitators. Presented at the annual meeting of the National Communication Association, Chicago, IL.
- Ruppel, E. K., & **Burke, T. J.** (2014, November). Complementary channel use and the role of social competence. Presented at the annual meeting of the National Communication Association, Chicago, IL.
- Burke, T. J.**, & Segrin, C. (2013, November). Examining diet- and exercise-related communication in romantic relationships: Associations with health behaviors. Presented at the annual meeting of the National Communication Association, Washington, D.C.

Burke, T. J., Ruppel, E. K., & Young, V. J. (2013, November). Investigating self-presentational motives on Facebook: The role of social competence and social anxiety. Presented at the annual meeting of the National Communication Association, Washington, D.C.

Young, V. J., & **Burke, T. J.** (2013, November). Communicating health goals in relationships. Presented at the annual meeting of the National Communication Association, Washington, D.C.

Burke, T. J., & Segrin, C. (2013, October). Health-related social control in relationships: Balancing health and relational needs. Presented at the mini conference for the International Association for Relationship Research, Louisville, KY.

Young, V. J., **Burke, T. J.,** & Curran, M. A. (2013, October). Examining sacrifice in cohabiting couples. Presented at the mini conference for the International Association for Relationship Research, Louisville, KY.

Burke, T. J., (2012, November). Examining the association between relationship maintenance and health influence strategies in romantic relationships. Presented at the annual meeting of the National Communication Association, Orlando, FL.

Burke, T. J., Wosidlo, A., & Segrin, C. (2012, November). Social skills, family conflict, and loneliness in families. Presented at the annual meeting of the National Communication Association, Orlando, FL.

*Young, V. J., Hefler, E., & **Burke, T. J.** (2012, November). Dyadic effects of sexual communication and intimacy satisfaction. Paper presented at the annual meeting of the National Communication Association, Orlando, FL.

Burke, T. J., Wosidlo, A., & Segrin, C. (2011, November). The intergenerational transmission of social skills and psychosocial problems among college students and their parents. Presented at the annual meeting of the National Communication Association, New Orleans, LA.

Burke, T. J., Randall, A. K., Young, V. J., Corkery, S., & Butler, E. A. (2011, October) "Do these pants make me look fat?" An examination of eating together, support, and conflict among mixed-weight couples. Presented at the mini conference for the International Association for Relationship Research, Tucson, AZ.

****Domschke, T.,** Young, V. J., & Curran, M. A. (2010, November). Awareness of sacrifice influences relationship quality among pregnant cohabiting couples. Presented at the annual meeting of the National Communication Association, San Francisco, CA.

Young, V. J., & ****Domschke, T.** (2010, November). Health communication and support: A dyadic examination of predictors of body image satisfaction and relationship satisfaction. Presented at the annual meeting of the National Communication Association, San Francisco, CA.

Curran, M. A., ****Domschke, T.,** & Young, V. (2010, November). Influences of gender and relationship type on support, strain, and relationship satisfaction. In M. A. **Curran** & C. Kamp Dush (Chairs), *Cohabitors' relationship quality and financial considerations*. Presented at the meeting of the National Council on Family Relations, Minneapolis, MN.

****Domschke, T., & Young, V. J. (2009, November).** If you rub my back, I'll rub yours: Toward a model of sexual sacrifice and intimate support. Presented at the annual meeting of the National Communication Association, Chicago, IL.

Segrin, C., Hanzal, A., & ****Domschke, T. J. (2007, November).** Accuracy and bias in newlywed couples' perceptions of conflict styles and their associations with marital satisfaction. Presented at the annual meeting of the National Communication Association, Chicago, IL.

Segrin, C., Hanzal, A., Donnerstein, C., Taylor, M., & ****Domschke, T. J. (2006, February).** Social skills, psychological well-being, and the mediating role of perceived stress. Presented at the annual meeting of the Western States Communication Association, Palm Springs, CA.

Nabi, R., Finnerty, K., ****Domschke, T., & Hull, S. (2005, May).** Exploring the therapeutic effects of TV viewing: The effect of regret on selective exposure to an impact of experience-relevant programming. Presented to the annual conference of the International Communication Association, New York, NY.

INVITED PRESENTATIONS, WORKSHOPS, & PODCASTS

Burke, T. J. (2018, September). Tips and tricks for successful REP grant submissions. Presented at the REP Grant Writing Workshop, hosted by C3 at Texas State University, San Marcos, TX.

Burke, T. J., & Curran, M. C. (2018, July). Prioritizing tasks and time management in academia. Presented at on the panel "Laying the groundwork for a successful career in relationship science" at the bi-annual conference of the International Association for Relationship Research, Ft. Collins, CO.

Burke, T. J., & Smith, R. (2018, June). The academic journey. Presented at the Undergraduate Symposium on Graduate education in Communication Studies at Pennsylvania State University, State College, PA.

Burke, T. J. (2017, September). Family communication and well-being during transition. Presented at the Department of Communication Colloquium at the University of Wisconsin-Milwaukee, Milwaukee, WI.

Burke, T. J. (2017, June). How to be successful in the first year. Presented at the mini conference for the International Association for Relationship Research, Syracuse University, Syracuse, NY.

Burke, T. J. (2017, June). Relational communication and wellness. Presented at a brunch 'n' learn workshop at Texas State University, San Marcos, TX.

Burke, T. J., & Burns, M. (2017, February). The home stretch: Managing the end of your master's program. Presented to the Communication Studies Graduate Association at Texas State University, San Marcos, TX.

Burke, T. J. (2016, March). Communication and health in close relationships. Presented at a Department of Communication Studies colloquium at Wittenberg, University, Springfield, OH.

- Burke, T. J., & Burns, M.** (2016, March). Family Communication and stress during the transition to college. Presented at a meeting of the Freshman Year Experience seminar at Wittenberg University, Springfield, OH.
- Burke, T. J.** (2016, February). Communication and health in close relationships. Presented at a Department of Communication Studies colloquium at the University of Kansas, Lawrence, KS.
- Burke, T. J.** (2015, December). Talking about Weight. Podcast recorded for the *Relationship Matters* podcast series at http://hwcdn.libsyn.com/p/f/8/e/f8efc71d0e0c1e53/Relationship_Matters_Podcast_52.mp3?c_id=10463080&expiration=1452042397&hwt=85ea2b98a2b3c962fba6da6c9c2f6723
- Burke, T. J.** (2014, November). Successful rural health campaigns. Presented at a meeting of the Texas Rural Health Association, Ft. Worth, TX.
- Burke, T. J.** (2014, September). You're in, now what? Navigating your first year of graduate school. Presented at a meeting for the Communication Studies Graduate Association at Texas State University, San Marcos, TX.
- Burke, T. J.** (2014, April). Reflections on my tenure track job search: Preparation, perseverance, and luck. Presented at a meeting for the Communication Studies Graduate Association at University of Arizona, Tucson, AZ.
- Burke, T. J.** (2014, March). Preparing a stellar CV. Presented at a meeting for the Communication Studies Graduate Association at Texas State University, San Marcos, TX.
- Burke, T. J.** (2013, October). Conference etiquette: Presenting your best self at academic conferences. Presented at a meeting for the Communication Studies Graduate Association at Texas State University, San Marcos, TX.
- Burke, T. J.** (2012, November). "You're going to eat *that*?" Relationship processes and conflict among mixed weight couples. Podcast recorded for the *Relationship Matters* podcast series at <http://spr.sagepub.com/content/suppl/2012/11/12/0265407512451199.DC1>
- Burke, T. J.** (2011, October). Examining communication and health in romantic and family relationships. Presented at the Communication Department colloquium at the University of Arizona, Tucson, AZ.
- Coe, K., Kenski, K., ****Domschke, T., & McKinley, C.** (2009, April). I almost have a degree, now what about a job?! Searching for a job with an advanced degree in communication. Presented at the Communication Department colloquium at the University of Arizona, Tucson, AZ.
- **Domschke, T. J.** (2009, February). Let's chat Facebook to Facebook: Understanding interpersonal factors in an online context. Presented to the Health, Emotion, and Relationships research group at the University of Arizona, Tucson, AZ.

FUNDED GRANTS

- 2018-2019 PI, Research Enhancement Grant funded by Texas State University
Project Title: *Building a Culture of Health at Work: Assessing and Fostering Supervisor Support*
Awarded: \$16,000
- 2016-2017 PI, Multidisciplinary Internal Research Grant (MIRG) funded by Texas State University
Project Title: Improving Self-Management in Patients with Metabolic Syndrome: Development and Testing of MetaboManage
Awarded: \$25,000
- 2015-2016 Co-PI, Research Enhancement Grant funded by Texas State University
Project Title: *Co-Worker Influence and Organizational Socialization in Workplace Wellness Programs: A Qualitative Interview Analysis*
Awarded: \$16,000
- 2013-2014 PI, Research Enhancement Grant funded by Texas State University
Project Title: *Investigating Family Communication and Mental Health during the Transition to College*
Awarded: \$16,000
- 2011-2012 PI, Department of Communication Dissertation Research Grant funded by University of Arizona
Project Title: *Examining Diet- and Exercise-Related Communication in Romantic Relationships: Associations with Health and Relationship Quality*
Awarded \$1,200
- 2013 Alkek Library New Faculty Start-up Grant funded by Texas State University
Awarded \$713.06
- 2011 Graduate Student Council Travel Grant funded by University of Arizona
Awarded \$500

SUBMITTED GRANTS

- 2019 Co-I, Self-Management for Health in Chronic Conditions (R15) funded by the National Institutes of Health
Project Title: *Health Coaching and Chronic Disease Management in Aging Adults: Comparison of In-Person and App-Based Coaching*
(\$300,000 – Unfunded)
- 2016 Co-I, Self-Management for Health in Chronic Conditions (R15) funded by the National Institutes of Health
Project Title: *Improving Self-Management in Patients with Metabolic Syndrome: The Development and Testing of MetaboManage*
(\$300,000 – Unfunded)

- 2014 PI, MIRG grant funded by Texas State University
Project Title: *Improving Medication Adherence in Recently Diagnosed Type II Diabetes Patients: Development of an Interactive Social Network Application*
(\$25,000 – Unfunded)
- 2013 Co-PI, MIRG grant funded by Texas State University
Project Title: *Communication with Partners and Parents as Predictors of Well-Being among Pregnant and Parenting Adolescent Mothers*
(\$25,000 – Unfunded)

MEDIA

2018: *Medical Express, Moneyish, Tucson.com, UA News, Time, KJZZ (NPR Phoenix)*
2013: *Wall Street Journal, Science of Relationships, Yahoo!, Allure*

RECOGNITION AND AWARDS

- 2019 Online Teaching Award, Texas State University
2019 Faculty Development Leave Supplemental Research Award, Texas State University
2019 Runner up, Online Teaching Award, Texas State University
2018 College Achievement Award in Scholarship/Creative Activity
2018 Invited to Alpha Chi Favorite Professors Dinner, Texas State University
2017 Presidential Distinction Award in Scholarship/Creative Activity, Texas State University
2016 Top Paper, Communication Education Interest Group, Central States Communication Association
2015 Presidential Distinction Award in Scholarship/Creative Activity, Texas State University
2014 Lead author on the Article of the Year for *Journal of Family Communication*
2013 Invited to Alpha Delta Pi Scholarship Banquet, Texas State University
2013 Invited to Pi Beta Phi Favorite Professors Tea, University of Puget Sound
2012 Invited to Kappa Alpha Theta Favorite Professors Social, University of Puget Sound
2011 Department of Communication Award for Excellence in Research, University of Arizona
2011 Department of Communication Dissertation Award, University of Arizona
2010 Donnerstein Magellan Circle Outstanding Graduate Student Fellowship, University of Arizona
2009 Communication Department Award for Academic Achievement, University of Arizona

TEACHING EXPERIENCE

GRADUATE COURSES

Interpersonal Communication – Sp14, F15
Empirical Research Methods – F3, Sp14, F14, Sp15, Sp16, F16, Sp18
Relational Communication – Sp15, Sp17
Health Communication (online, stacked course with undergraduates) – Su14, Su17
Relational Health Communication – Sp19

UNDERGRADUATE COURSES

Health Communication – Sp10, Su10, F10, Sp11, F18
Health Communication online format – Sp2012, Su12, Su14, Su15, Su16, Su17, Sp18, Su19, F20
Interpersonal Communication – F08, Sp09, Sp13
Relational Communication – F2, Sp16, Sp17, F17

Family Communication – F13, Sp14, Su14, F14, F15, F16, Sp17, Su17, F18
Empirical Research Methods – Su11, Sp13
Communication Theory – F09, Su09, F11, F12
Gender and Communication – F08, Sp09
Small Group Communication – Su06
Applied Organizational Communication – Sp07, Su07, Su09

STUDENT RESEARCH MENTORING

Ely, A. (November 2014). *Communication Responses to Romantic Jealousy and Perceived Mate Value in Relationships: Challenging Evolutionary Perspectives Associated with Jealousy Communication*. Presented at the International Graduate Student Conference at Texas State University, San Marcos, TX (Top MA Paper Award).

Dinsmore, D., & Draper, P. (November 2014). *Social Influence and Relationship Quality among Individuals with Health-Dependent Diets*. Presented in the Masters Student Division of the National Communication Association in Chicago, IL (Top MA Paper Award).

Fox, T., Armijo A., & Cavazos, N. (November 2014). *Let's Talk about Sex: Examining Family Communication Patterns and Females' Sexual Self-disclosure to Parents and Physicians*. Presented at the International Graduate Student Conference at Texas State University, San Marcos, TX.

INDEPENDENT STUDIES/INTERNSHIPS

2018: Crystal Hargrove, Tamara Davis
2018: Ali Cross, Giselle Devot, Tori Miller
2017: Jonthan Davis, Violet Canti, Ashley Baty
2016: Emma Carberry

GRADUATE COMMITTEES

DISSERTATION

Committee member, Kristen LeBlanc Farris, University of Texas (2017)

THESIS

Committee member, Vanessa Salazar, Texas State University (2016)
Chair, Arin Ely, Texas State University (2015)
Committee member, Brenda MacArthur, Texas State University (2014)

COMPREHENSIVE EXAM/MAPP PROJECT

Committee member, Trevor Kauer (2019)
Committee member, Hannah Jones (2019)
Chair, Giselle Devot (2018)
Chair, Kellie Stritz (2018)
Chair, Jeannetta Landrum (2018)
Chair, Jonathan Davis (2018)
Chair, Ali Cross (2018)

Chair, Ashley Baty (2017)
Committee member, Joy Gathright (2017)
Chair, Tianna Cobb (2017)
Committee member, Emma Carberry (2017)
Committee member, Adam Tristan (2017)
Committee member, George Fitzpatrick (2017)
Committee member, Lee Leavitt (2017)
Chair, Daniel King (2016)
Chair, Toni Morgan (2016)
Chair, Emily Martwick (2016)
Chair, Danica Artaza (2015)
Chair, Dana Dinsmore (2015)
Chair, Page Draper (2015)
Chair, Chelsea English (2015)
Committee member, James Doran (2015)
Committee member, Terrica Watkins (2014)

UNIVERSITY AND COLLEGE LEVEL SERVICE

Presenter, REP Workshop, Center for Communication, Collaboration, Creativity – 2016-2019
Member, Graduate College Council – 2018-2019
Member, Graduate Hooding Ceremony Committee – 2018-2019
Member, Graduate Scholarship Committee – 2018-2019
Member, Outstanding Graduate Student Committee – 2018-2019
Graduate Marshall, College of Fine Arts & Communication Commencement, 2018
Member, Internal Review Board Review Committee – 2017-2019
Judge, Undergraduate Research Conference, Texas State University – 2017
Member, *WellCats* Leadership Team, Texas State University – 2017-present
Marshall, College of Fine Arts & Communication Commencement, Texas State University – 2016
Representative, Research Enhancement Grant Committee, Texas State University – 2016, 2018
Methods Coach, Co-Search Research Start-up Weekend, Texas State University – 2015-2019
Member, SPSS Alternative Committee, Texas State University – 2014
Reviewer, Graduate Council Travel Grants, University of Arizona – 2011-2012
Mentor, Graduate Student Travel Grant, University of Arizona – 2012
Mentor, Freshmen (x4) Arizona Assurance Scholars, University of Arizona – 2010-2012

DEPARTMENTAL SERVICE

Chair, Health Communication Search Committee – 2018-2019
Presenter, Online teaching workshop – 2018
Chair, Graduate Admissions committee – 2018-2019
Member, TA Selection committee – 2018-2019
Member, Department Chair Search Committee, Texas State University – 2016 – 2017
Judge, Love Public Speaking Festival, Texas State University – 2016, 2017
Advisor, Communication Studies Graduate Association, Texas State University – 2015 – present
Member, PhD Proposal Committee, Texas State University – 2014 – present
Coordinator, Graduate Hybrid Empirical Methods Tutorial, Texas State University – 2014 – present
Co-advisor, Communication Club, Texas State University, 2013 – 2014

PROFESSIONAL SERVICE

EDITORIAL BOARD

Journal of Social and Personal Relationships – 2016 – present (Top 5% reviewer – 2016)
Communication Reports – 2012 – present

AD HOC REVIEWER

American Communication Journal – 2016
Annals of Behavioral Medicine – 2017
Behavioral Sciences – 2017
Body Image – 2013, 2015
Communication Monographs – 2014
Communication Research – 2015, 2017, 2018
Communication Studies – 2016
Communication Teacher – 2013, 2014, 2015, 2016
Communication Theory – 2017
Cyberpsychology: Journal of Psychosocial Research on Cyberspace – 2015
Emotion – 2013
Health Communication – 2012, 2013, 2015, 2016, 2017, 2018, 2019
Journal of Applied Communication – 2018
Journal of Communication – 2017
Journal of Family Communication – 2010, 2011, 2012, 2013, 2016, 2017
Journal of Health Communication – 2013, 2017
Journal of Sex & Marital Therapy – 2017
Journal of Social and Personal Relationships – 2012, 2013, 2014, 2015, 2016
Personality and Individual Differences – 2014
Personal Relationships – 2016
Western Journal of Communication – 2017

CONFERENCE REVIEWER

International Communication Association, Interpersonal Communication Division – 2014
International Communication Association, Health Communication Division – 2013
National Communication Association, Interpersonal Communication Division – 2014, 2016
National Communication Association, Health Communication Division – 2013, 2018
Southern States Communication Association, Applied Communication Division – 2016

OTHER

International Association for Relationship Research Mentoring Committee – 2016 – present
Book Reviewer, Routledge – 2017
Book Reviewer, Taylor & Francis – 2016
Panel Chair, International Communication Association, San Juan, PR – 2015
Book Reviewer, Oxford University Press – 2015
Book Reviewer, Lexington Books – 2015
Volunteer, International Conference for Language and Social Psychology – 2008

COMMUNITY SERVICE

Parent Advisory Council, Phoenix Children's Hospital – 2020
Volunteer at San Marcos Regional Animal Shelter – 2017
Participant in San Marcos River Cleanup Event – 2014 – present
Volunteer with Serve San Marcos Flood Relief – 2015
Volunteer at the San Marcos Greenbelt Alliance Purgatory Creek Trail Run – 2014
Fundraiser for Volunteer Center of Southern AZ – 2011
Coordinator for departmental holiday Adopt a Family donation drive – 2010 - 2011
Volunteer at Habitat for Humanity – 2008
Volunteer at Ben's Bells – 2008, 2011
Volunteer at AIDS walk registration – 2006

CONTINUED EDUCATION

Canvas Basics, Texas State University (May, 2020)
Online Course Engagement, Texas State University (Aug, 2020)
Designing Canvas Modules, Texas State University (Aug, 2020)
Mentoring Program Sponsored by the International Association for Relationship Research (2017-2018)
NIH Grant Workshop, Office of Sponsored Projects Texas State University (Nov, 2014)
Mediation and Moderation: Modern Methods and Approaches, offered by the Institute for Measurement, Methodology, Analysis, & Policy at Texas Tech University (June, 2014)
Creating and Teaching an Online Course, Texas State University (May, 2014)
Teaching Excellence Workshop, Texas State University (2013-2014)
Using Online Discussions Effectively, Instructional Technologies Texas State University (Feb, 2014)
Ally Training, Office of Student Diversity and Inclusion at Texas State University (Jan, 2014)
Online Teaching Methodology Short Course, Instructional Assessment at University of Arizona (Oct, 2011)
New Scholar Workshop, International Association for Relationship Research (Oct, 2011)

PROFESSIONAL ASSOCIATIONS

National Communication Association (NCA)
International Association for Relationship Research (IARR)
International Communication Association (ICA)