

TEXAS STATE VITA

I. Academic/Professional Background

A. Name: Lindsay E. Kipp Title: Assistant Professor

B. Educational Background

<i>Degree</i>	<i>Year</i>	<i>University</i>	<i>Major</i>	<i>Thesis/Dissertation</i>
Ph.D.	2012	University of Minnesota	Kinesiology, specialization in psychology of physical activity	Social influences and physical and psychological well-being among female adolescent gymnasts
M.S.	2006	Illinois State University	Kinesiology, specialization in psychology of physical activity	Perceived motivational climate and self-determined motivation in female high school
B.S.	2004	Illinois State University	Kinesiology, emphasis in exercise science	

C. University Experience

<i>Position</i>	<i>University</i>	<i>Dates</i>
Assistant Professor Department of Health and Human Performance	Texas State University	2015 – present
Lecturer Faculty Director, Kinesiology and Health Promotion Living Learning Community (2013-2015) Department of Kinesiology and Health Promotion	University of Kentucky	2012 – 2015
Research and Teaching Assistant School of Kinesiology	University of Minnesota	2008-2012
Lecturer School of Kinesiology and Recreation	Illinois State University	2006-2008
Lecturer Department of Psychology	Heartland Community College	2006-2008
Teaching Assistant School of Kinesiology and Recreation	Illinois State University	2004-2006

D. Relevant Professional Experience

<i>Position</i>	<i>Entity</i>	<i>Dates</i>
Personal Trainer, Group Exercise Instructor, and Aquatic Fitness Instructor	Gold's Gym, Bloomington, IL	2005-2007

E. Other Professional Credentials (licensure, certification, etc.)

Certification – Coaching Principles and Coaching Principles Instructor, American Sport Education Program, Human Kinetics Coach Education (July, 2015)

II. TEACHING**A. Teaching Honors and Awards:****B. Courses Taught:****Texas State University**

- ESS 3323 Psychosocial Aspects of Exercise and Sport Science
 ESS 3340 Theory and Principles of Coaching
 Students have the option to pursue the American Sport Education Program Coaching Certification by Human Kinetics Coach Education upon course completion. The passing rate for my students is 86% (106 of 123 students passed) from Fall 2015 to Spring 2020, passing with an 80% or better.
- ESS 5354 Developmental Sports Education: Youth Participants
 ESS 5355 Developmental Sports Education: High-Level Athletes and Coaching Effectiveness

University of Kentucky

- KHP 300 Psychology and Sociology of Sport and Physical Education (online and traditional delivery)
 KHP 445 Introduction to Tests and Measurement in Kinesiology
 UK 101 Academic Orientation

University of Minnesota

- KIN 3126W Sport and Exercise Psychology (writing intensive)
 KIN 3131W History and Philosophy of Sport and Physical Activity (writing intensive)
 KIN 3151 Measurement, Evaluation, and Research in Kinesiology

Illinois State University

- KNR 154.40 Stress Management Instructional Methods
 KNR 240 Principles and Applications of Fitness Assessment
 KNR 285 Resistive Training Instructional Methods

Heartland Community College

- PSY 101 Introduction to Psychology
 PSY 209 Human Growth and Development

C. Directed Student Learning (i.e. theses, dissertations, exit committees, etc.):

Texas State University

Chair, Master's Thesis for Dana Mefferd. *Organizational Fit and Teammate Interactions: Why Some Athletes Experience Burnout*. Proposed September 10, 2020. Expected graduation May 2021.

Member, Master's Thesis for Holly Kendall. *Comparing younger and older resistance trained and untrained adults on strength and physical function*. Expected graduation December 2020.

Member, Master's Thesis for Monica Mendoza. *A 4-Week Neuromuscular Stimulation Intervention on Skeletal Muscle Fatigue in Older Adults*.
M.S. Exercise Science, August 2020.

Chair, Culminating project for graduate student Kylie Nodorft. *Fostering a culture of health in the workplace: Experiences from a wellness internship at Apple, Inc.*
M.S. Exercise Science, May 2020.

Member, Master's Thesis for Leah Reeder. *A comparison of hardiness and quality of life between student-athletes and non-athletes*.
M.S. Athletic Training, May 2020.

Member, Master's Thesis for Sonia Preisser. *Alternative sports: A tool for modeling socially conscious behavior*.
M.S. Sustainability Studies, May 2020.

Member, Master's Thesis for Samantha Goldenstein. *The effects of anabolic signaling with neuromuscular electrical stimulation in older adults*.
M.S. Exercise Science, August 2019.

Chair, Culminating project for graduate students Kenneth Neal Ellis and Briana Allen. *How coaches teach sportsmanship: Comparing observations, coach perceptions, and player perceptions in club soccer*.
M.S. Exercise Science, May 2019.

Member, Master's Thesis for Joshua Wacławczyk. *Does motivation play a factor in engagement levels of marginal volunteers?*
M.S. Recreation, May 2019.

Member, Master's Thesis for Erin Dresser. *Availability of an athletic trainer and frequency of concussions in student-athletes in school and club sports*.
M.S. Athletic Training, May 2018.

Chair, Culminating project for graduate students Shelby Dixon and Paige Love. *Transformational leadership and self-determined motivation among female collegiate basketball players*.
M.Ed., Sports Education (Shelby); M.S. Exercise Science (Paige), May 2018.

Chair, Culminating project for graduate student Megan Dugie. *Community interest in activities at a local recreation facility*.

M.S. Exercise Science, May 2018.

Chair, Culminating project for graduate student Tiffani Collins. *Using mixed methodology to explore motivational climate on a high school football team.*
M.Ed. Sports Education, December 2017.

Co-Chair, Master's thesis for Kimberley Penilla. *Health-related quality of life and injury among current and former athletes.*
M.S. Athletic Training, August 2017.

Member, Culminating project for graduate student J. Alexandra Jasso. *Perceptions of a single neuromuscular electrical stimulation treatment in healthy adults.*
M.S. Exercise Science, May 2017.

Chair, Culminating project for graduate student Tanner McGee. *Social relationships, identity, and perceived competence among collegiate student-athletes.*
M.Ed. Sports Education, May 2017.

Member, Culminating project for graduate student Megan Callahan. *Investigation of the relationship between an iRest yoga nidra intervention and pain management in the rehabilitation of sports injury.*
M.S. Athletic Training, May 2016.

Chair, Independent Study for Dana Mefferd. Worked on literature review for her thesis on social-environmental predictors of burnout in college athletes, IRB application, and thesis proposal document. Summer 2020.

Chair, Independent Study for Kylie Nodorft. Assisted with data collection for studies with youth soccer players (observations and surveys); literature review on use of accelerometers with older adults. Spring 2019.

Chair, Independent Study for Jeffrey Kyle Dean. Assisted with data collection for Fun & Fit 4 Life (coach observations); literature review on psychology of injury. Summer 2018.

Chair, Independent Study for Tanner McGee. Literature review on athlete identity and transition out of sport. Spring 2016.

University of Kentucky

Member, Doctoral dissertation for Christine Johnson. Fall 2015.

Member, Master's comprehensive exam for Erica Daniels. Spring 2015.

Member, Master's comprehensive exam for Keaton Hannon. Spring 2014.

D. Courses Prepared and Curriculum Development:

ESS 5354 Developmental Sports Education: Youth Participants. I developed this course, which was first taught in Fall 2016. I incorporated a new textbook and prepared lectures, assignments, exams, and class activities.

ESS 5355 Developmental Sports Education: High Level Athletes and Coaching Effectiveness. I developed this course, which was first taught in Spring 2017. I put together a reading list of chapters and research articles, prepared lectures, assignments, exams, and class activities.

E. Teaching Grants and Contracts

1. Funded External Teaching Grants and Contracts:
2. Submitted, but not Funded, External Teaching Grants and Contracts:
3. Funded Internal Teaching Grants and Contracts:
4. Submitted, but not Funded, Internal Teaching Grants and Contracts:

F. Other:

G. Teaching Professional Development Activities Attended

Texas State University

Canvas Toolkit: Quizzes, Assignments, & Grading, by IT Assistance Center, via Zoom (July 2020)

Canvas Migration Workshop, by IT Assistance Center, via Zoom (July 2020)

Their Cheating Hearts: Tips for Maintaining Academic Integrity While Teaching Remotely, by Faculty Development, via Zoom (April 2020)

Alternatives to Lectures for Low-Tech Remote Course Delivery, by Faculty Development, via Zoom (March 2020)

Remote Teaching Alternatives to the 90 Minute Lecture, by Office of Distance and Extended Learning, via Zoom (March 2020)

Strategies for Remote Teaching, by Jodi and Doug Holschuh, College of Education (March 2020)

Promoting Active Learning and Research (PALIR): Phase III Professional Development Program (Active Learning in Large Classrooms), by Office of Distance and Extended Learning, hosted by Department of Health and Human Performance (HHP) (Series of 5 workshops, Fall 2019).

Zoom Workshop, by IT Assistance Center and Office of Distance and Extended Learning, hosted by HHP Technology Committee (April 2019).

Brennan and Smith Lecture, Dr. Jared Russell, diversity and inclusion issues in Health and Human Performance (September 2018).

Solstice Workshop (program that enables screen sharing among individuals in the same classroom), by Learning Spaces Design (April 2018).

Activate Student Learning Workshop (motivating students to engage in the classroom experience), by Learning Spaces Design (February 2018)

TechSmith Relay and Mediaflo Workshop, by Learning Spaces Design, hosted by HHP Technology Committee (January 2018)

Foundations of Online Course Design and Development (40 hour hybrid course that meets SACSCOC requirements for online instructors), by Instructional Technologies Support (July 2017)

“CATS” Active Learning Workshop Series, by Diane Boyd, director of the Biggio Center for the Enhancement of Teaching and Learning at Auburn University (workshops were provided at Texas State University in April, June, and August 2017).

The Guide on the Side: Strategies for Mentoring Graduate Students, by Faculty Development (March 2017)

4th Annual Award for Excellence in Online Teaching: Reception and Showcase, by Office of Extended and Distance Learning (February 2017)

Allies Training (Allies are part of a campus-wide network that helps sustain Texas State as a safe place for LGBTQIA individuals), by Professional Development, Human Resources (November 2016)

Supporting Transgender Students on Campus Workshop, by Professional Development, Human Resources (February 2016)

Experience an active learning space, by Finance and Support Services Planning, and Instructional Technologies Support (January 2016)

Beginning TRACS for new faculty orientation, by Educational Technology Center Support (August 2015)

Program for Excellence in Teaching and Learning for new tenure-track faculty. Six sessions throughout the 2015-2016 academic year on teaching and research topics including an orientation to students at the university; encouraging multiculturalism and diversity in the classroom; active learning strategies; tips on the tenure and promotion process; and balancing teaching, research, and writing.

III. SCHOLARLY/CREATIVE

A. Works in Print (including works accepted, forthcoming, in press):

1. Books:**a. Scholarly Monographs:****b. Textbooks:****c. Edited Books:****d. Chapters in Books:**

Weiss, M.R., **Kipp**, L.E., & Espinoza, S.E. (2019). Motivational processes in youth sport and physical activity. In R.M. Ryan (Ed.), *The Oxford handbook of human motivation* (pp. 487-506, 2nd ed.). London, UK: Oxford University Press.

Kipp, L.E. (2017). Developmental considerations for working with young athletes. In C.J. Knight, C.G. Harwood, & D. Gould, (Eds.), *Sport psychology for young athletes* (pp. 32-42). New York: Routledge.

Kipp, L.E. (2017). Sports. In K. Peppler (Ed.), *The SAGE encyclopedia of out-of-school learning*. (pp. 743-745). Thousand Oaks, CA: SAGE Publications, Inc.
<http://dx.doi.org/10.4135/9781483385198.n283>

Kipp, L.E., & Weiss, M.R. (2013). Physical activity and self-perceptions among children and adolescents. In P. Ekkekakis (Ed.), *Routledge handbook of physical activity and mental health* (pp. 187-199). New York: Routledge.

Weiss, M.R., **Kipp**, L.E., & Bolter, N.D. (2012). Training for life: Optimizing positive youth development through sport and physical activity. In S.M. Murphy (Ed.), *The Oxford handbook of sport and performance psychology* (pp. 448–475). New York: Oxford University Press.

Weiss, M.R., Amorose, A.J., & **Kipp**, L.E. (2012). Youth motivation and participation in sport and physical activity. In R.M. Ryan (Ed.), *The Oxford handbook of human motivation* (pp. 520–553). New York: Oxford University Press.

e. Creative Books:**2. Articles:****a. Refereed Journal Articles (* indicates student author):**

1. **Kipp**, L.E., Meaney, K., & Griffin, K. (in press). A mastery motivational climate-based service-learning program: Physical and psychosocial benefits among underserved children. *The Physical Educator* (accepted March 2020).
2. **Kipp**, L.E. & Bolter, N.D. (2020). Motivational climate, psychological needs, and personal and social responsibility in youth soccer: Comparisons by age group and competitive level. *Psychology of Sport and Exercise*, 51 (ahead of print) DOI: 10.1016/j.psychsport.2020.101756

3. Weiss, M.R., **Kipp**, L.E., Phillips Reichter, A., Bolter, N.D. (2020). Evaluating *Girls on the Run* in promoting positive youth development: Group comparisons on life skills transfer and social processes. *Pediatric Exercise Science*, 32, 172-182. DOI: 10.1123/pes.2019-0252
4. **Kipp**, L.E., Bolter, N.D., & Phillips Reichter, A. (2019). Motivational climate profiles, pubertal status, and well-being among female adolescent aesthetic sport athletes. *Pediatric Exercise Science*, 31, 458-464. DOI: 10.1123/pes.2018-0182
5. Weiss, M.R., **Kipp**, L.E., Phillips Reichter, A., Espinoza, S. & Bolter, N.D. (2019). *Girls on the Run*: Impact of a physical activity youth development program on psychosocial and behavioral outcomes. *Pediatric Exercise Science*, 31, 330-340. DOI: 10.1123/pes.2018-0168
6. Bolter, N.D., **Kipp**, L.E., & Johnson, T. (2018). Teaching sportsmanship in physical education and youth sport: Comparing perceptions of teachers with students and coaches with athletes. *Journal of Teaching in Physical Education*, 37, 209-217. DOI: 10.1123/jtpe.2017-0038
7. Bolter, N.D., & **Kipp**, L.E. (2018). Sportspersonship coaching behaviours, relatedness need satisfaction, and early adolescent athletes' prosocial and antisocial behaviors. *International Journal of Sport and Exercise Psychology*, 16, 20-35. DOI: 10.1080/1612197X.2016.1142461
8. *Johnson, C.E., Erwin, H.E., **Kipp**, L.E., & Beighle, A. (2017). Student perceived motivational climate, enjoyment, and physical activity in middle school physical education. *Journal of Teaching in Physical Education*, 36, 398-408. DOI: 10.1123/jtpe.2016-0172
9. Weiss, M.R., Bolter, N.D., & **Kipp**, L.E. (2016). Evaluation of *The First Tee* in promoting positive youth development: Group comparisons and longitudinal trends. *Research Quarterly for Exercise and Sport*, 87, 271-283. DOI: 10.1080/02701367.2016.1172698
10. Weiss, M.R., Phillips, A.C., & **Kipp**, L.E. (2015). Effectiveness of a school-based fitness program on youths' physical and psychosocial health outcomes. *Pediatric Exercise Science*, 27, 546-558.
11. **Kipp**, L.E., & Weiss, M.R. (2015). Social predictors of psychological need satisfaction and well-being among female adolescent gymnasts: A longitudinal analysis. *Sport, Exercise, and Performance Psychology*, 4, 153-169.
12. Weiss, M.R., **Kipp**, L.E., & Goodman, D. (2015). Unsportsmanlike play in youth ice hockey: Gender and age differences in attitudes and perceived social approval. *International Journal of Sport Psychology*, 46, 1-17.

13. Weiss, M.R., Bolter, N.D., & **Kipp**, L.E. (2014). Assessing impact of physical activity-based youth development programs: Validation of the *Life Skills Transfer Survey (LSTS)*. *Research Quarterly for Exercise and Sport*, 85, 263-278.
14. **Kipp**, L.E., & Weiss, M.R. (2013). Social influences, psychological need satisfaction, and well-being among female adolescent gymnasts. *Sport, Exercise, and Performance Psychology*, 2, 62-75.
15. **Kipp**, L.E. & Amorose, A.J., (2008). Perceived motivational climate and self-determined motivation in female high-school athletes. *Journal of Sport Behavior*, 31, 108-129.

b. Non-refereed Articles:

3. Conference Proceedings:

a. Refereed Conference Proceedings:

b. Non-refereed:

4. Abstracts:

5. Reports:

Weiss, M.R., & **Kipp**, L.E. (2018). Relationships rock! How parents, coaches, and peers can optimize girls' psychological development through sport and physical activity. In N.M LaVoi (Ed.), *Developing physically active girls: A multidisciplinary evidence-based approach* (3rd ed.; pp. 37-54). Minneapolis, MN: University of Minnesota.

6. Book Reviews:

7. Essays:

8. Poems:

9. Short Stories:

10. Other Works in Print: Commentaries

Kipp, L. E. (2017). The year that was—Commentaries: Psychosocial aspects of youth physical activity (commentator). *Pediatric Exercise Science*, 29, 35-38.

Kipp, L. E. (2016). The year that was—Commentaries: Psychosocial aspects of youth physical activity (commentator). *Pediatric Exercise Science*, 28, 28-31.

Kipp, L. E. (2015). The year that was—Commentaries: Psychosocial aspects of exercise and physical activity in childhood (commentator). *Pediatric Exercise Science*, 27, 26-29.

B. Works Not in Print:

1. Papers Presented at Professional Meetings (* indicates student author):

- *Mefferd, D., *McGee, T., & **Kipp**, L.E. (June 2020, face-to-face conference canceled due to COVID-19). Cross-domain social relationships, self-perceptions, and identity among collegiate student-athletes. North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Abstract published in *Journal of Sport & Exercise Psychology*, 42: Supplement, S95.
- *Jiwan, N., *Ramirez, K., *Mendoza, M., *Kane, M., **Kipp**, L.E., & Mettler, J.A. (May 2020, face-to-face conference canceled due to COVID-19). Impact of neuromuscular electrical stimulation on quality of life in older adults. E-poster presented at the National American College of Sports Medicine Conference. Abstract published in *Medicine and Science in Sports and Exercise*, 52(7): Supplement, S5.
- *Mendoza, M., *Goldenstein, S., *Summers, S., *Moczygemba, D., **Kipp**, L.E., & Mettler, J.A. (May 2020, face-to-face conference canceled due to COVID-19). Perceptions of pain over a 4 week neuromuscular electrical stimulation treatment in older adults. National American College of Sports Medicine Conference. Abstract published in *Medicine and Science in Sports and Exercise*, 52(7): Supplement, S496.
- *Mendoza, M., *Kane, M., *Jiwan, N., *Ramirez, K., **Kipp**, L.E., & Mettler, J.A. (2020, February). Improvement in physical function and quality of life in older adults following 4 weeks of neuromuscular electrical stimulation. Poster presented at Texas Chapter of the American College of Sports Medicine Conference. Waco, TX. (note: this conference consists of student presentations with faculty as mentors). Abstract published in *International Journal of Exercise Science: Conference Proceedings*, 2(12), 118.
- *Penilla, K., Pickerill, M., **Kipp**, L., & Fraser, M. (2019, July). *Effects of chronic lower extremity injury on health related quality of life in current and former Division 1 track and field athletes*. Poster presented at the National Athletic Trainer Association (NATA) Conference. Las Vegas, NV.
- Kipp**, L.E., & Bolter, N.D. (2019, June). *Can psychological needs satisfaction predict personal and social responsibility among young soccer players?* Poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Baltimore, MD. Abstract published in *Journal of Sport & Exercise Psychology*, 41: Supplement, S72.
- *Goldenstein, S.J., *Summers, S.L., *Moczygemba, D., **Kipp**, L.E., & Mettler, J.A. (2019, March). *Perceived discomfort during 4 weeks of neuromuscular electrical stimulation training in older adults*. Poster presented at the Texas Chapter of the American College of Sports Medicine Conference. Fort Worth, TX. (note: this conference consists of student presentations with faculty as mentors) Abstract published in *International Journal of Exercise Science: Conference Proceedings*, 2(11), 133.
- Kipp**, L.E., & Bolter, N.D. (2018, June). *Coaching Climate, Needs Satisfaction, And Personal And Social Responsibility among young soccer participants*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA)

Conference. Denver, CO. Abstract published in *Journal of Sport & Exercise Psychology*, 40: Supplement, S100.

- Weiss, M.R., **Kipp**, L.E., Phillips, A.C., *Espinoza, S.M., *Moehnke, H.J., & Bolter, N.D. (2018, June). “What ... so what?” *Girls on the Run—A longitudinal evaluation of program impact*. Verbal presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Denver, CO. Abstract published in *Journal of Sport & Exercise Psychology*, 40: Supplement, S14.
- *Jasso, J.A., **Kipp**, L.E., & Mettler, J.A. (2018, May). *Attitude toward and perceived discomfort from neuromuscular electrical stimulation*. Poster presented at the American College of Sports Medicine Conference. Minneapolis, MN. Abstract published in *Medicine and Science in Sports and Exercise*, 50: Supplement, 471.
- *Jasso, J.A., Mettler, J.A., & **Kipp**, L.E. (2018, March). *Psychological and physical response to neuromuscular electrical stimulation*. Poster presented at the Texas Chapter of the American College of Sports Medicine Conference. Austin, TX. (note: this conference consists of student presentations with faculty as mentors) Abstract published in *International Journal of Exercise Science: Conference Proceedings*, 2(10), 103.
- Kipp**, L.E., Bolter, N.D., & Phillips, A.C. (2017, June). *Social, psychological, and physical predictors of well-being among female adolescents in aesthetic sports*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. San Diego, CA. Abstract published in *Journal of Sport & Exercise Psychology*, 39: Supplement, S273.
- *Dugie, M., *Corsi, N., **Kipp**, L., Meaney, K., Griffin, K. (2017, February). *Psychosocial outcomes and physical activity levels of children participating in the Fun and Fit for Life Program*. Poster presented at the Texas Chapter of the American College of Sports Medicine Conference. Waco, TX. (note: this conference consists of student presentations with faculty as mentors) Abstract published in *International Journal of Exercise Science: Conference Proceedings*, 2(9), 87.
- Kipp**, L.E. (2016, June). *Promoting positive self-perceptions and healthy eating patterns among adolescent aesthetic sport athletes*. Interactive poster presentation at the National Coaching Conference. Seattle, WA.
- Kipp**, L.E., Bolter, N.D., & Phillips, A.C. (2016, June). *Motivational climate profiles, psychological need satisfaction, and well-being among female adolescent athletes*. Verbal presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Montreal, Quebec, Canada. Abstract published in *Journal of Sport & Exercise Psychology*, 38: Supplement, S21.
- Bolter, N.D., **Kipp**, L.E., & Johnson, T. (2015, June). *Teaching sportpersonship and responsibility in physical education: A multilevel analysis*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Portland, OR. Abstract published in *Journal of Sport & Exercise Psychology*, 37: Supplement, S97.

- Bolter, N.D., **Kipp**, L.E., & *Coon, A. (2014, June). *Coaching behaviors, need satisfaction, and young athletes' sportpersonship behaviors: A test of basic needs theory*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Minneapolis, MN. Abstract published in *Journal of Sport & Exercise Psychology*, 36: Supplement, S82.
- Weiss, M.R., Phillips, A.C., & **Kipp**, L.E. (2014, June). *Impact of a middle school fitness program on adolescents' physical, psychosocial, academic, and behavioral outcomes*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Minneapolis, MN. Abstract published in *Journal of Sport & Exercise Psychology*, 36: Supplement, S119.
- Kipp**, L.E., & Weiss, M.R. (2013, June). *Longitudinal predictors of psychological need satisfaction and well-being among female adolescent gymnasts*. Verbal presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. New Orleans, LA. Abstract published in *Journal of Sport & Exercise Psychology*, 35: Supplement, S95.
- Kipp**, L.E. (2012, November). *Social influences and psychological and physical well-being among female adolescent gymnasts*. Verbal presentation at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference. Halifax, Nova Scotia. (Invited as part of the NASPSPA/SCAPPS Exchange Program for Outstanding Student Paper).
- Kipp**, L.E., & Weiss, M.R. (2012, June). *Social influences and psychological and physical well-being among female adolescent gymnasts*. Verbal presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Honolulu, HI. (Outstanding Student Paper Award). Abstract published in *Journal of Sport & Exercise Psychology*, 34: Supplement, S244.
- Weiss, M.R., Phillips, A.C., & **Kipp**, L.E. (2012, June). *Effectiveness of a school-based physical fitness program on adolescents' psychosocial outcomes*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Honolulu, HI. Abstract published in *Journal of Sport & Exercise Psychology*, 34: Supplement, S300.
- Weiss, M.R., **Kipp**, L.E., & Goodman, D. (2010, June). *Unsportsmanlike aggression in youth hockey: Attitudes, perceived social approval, situational temptation, and role models*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Tucson, AZ. Abstract published in *Journal of Sport & Exercise Psychology*, 32: Supplement, S228.
- Weiss, M.R., **Kipp**, L.E. & Goodman, D. (2009, October). *Unsportsmanlike aggression in youth hockey: Attitudes, perceived social approval, situational temptation, and role models*. Grant report presented at the Sport Canada Research Initiative Conference. Ottawa, ON.
- Klinefelter**, L.E. & Amorose, A.J. (2006, November). *An examination of predictors of burnout in athletes*. Verbal presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance (IAHPERD) Conference. St. Charles, IL.

Klinefelter, L.E., & Amorose, A.J. (2005, November). *Perceived motivational climate and self-determined motivation in male and female high school athletes*. Verbal presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance (IAHPERD) Conference. St. Charles, IL.

Klinefelter, L.E., & Amorose, A.J. (2003, November). *An examination of the relationship between college athletes' motivational orientation and burnout*. Verbal presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance (IAHPERD) Conference. St. Charles, IL.

Klinefelter, L.E., & Smith, P. (2002, November). *The effect of high- and low-trait anxiety on contextual interference in motor skill learning*. Verbal presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance (IAHPERD) Conference. St. Charles, IL.

2. Invited Talks, Lectures, and Presentations:

Kipp, L.E. (2011, April). *A graduate student is a writer is a teacher of writing*. Invited graduate student panel member, University of Minnesota, Center for Writing, Teaching with Writing Series.

Kipp, L.E. (2010, September). *A graduate student is a writer is a teacher of writing: Balancing writerly and teacherly roles (A Panel Discussion for Graduate Students)*. Invited graduate student panel member, University of Minnesota, Center for Writing, Teaching with Writing Series.

3. Consultancies:

4. Workshops:

5. Other Works not in Print:

a. Works "submitted" or "under review":

Weiss, M.R., Moehnke, H.J., & **Kipp, L.E.** A united front: Coach and teammate motivational climate and team cohesion among female adolescent athletes. Submitted to *International Journal of Sports Science & Coaching* (submitted August 2020).

b. Works "in progress":

Kipp, L.E., Bolter, N.D., & Amorose, A.J. Longitudinal relationships among coaching climate dimensions, psychological needs satisfaction, and personal and social responsibility among youth soccer players (estimated submission date: January 2021).

c. Other Works Not in Print:

C. Scholarly / Creative Grants and Contracts:

1. Funded External Grants and Contracts:

Mettler, J.A. *Kendall, H., and **Kipp**, L.E. Impact of resistance training on skeletal muscle mass, strength and physical function in younger and older adults. Texas American College of Sports Medicine. Student Research Development Award to Kendall, H. \$1,000 (July 2020-July 2021)

Role: Co-Investigator (student mentor)

Kipp, L.E. & Griffin, L.K. *Implementation and evaluation of the Texas State University Fun and Fit for Life Program*. City of San Marcos Youth Commission Grant. Submitted February 2019. Funded: \$2,000. (May 2019-April 2020).

Role: Principal Investigator.

Griffin, L.K., **Kipp**, L.E., & Meaney, K.S. *Fun & Fit 4 Life Program*. United Way of Hays County, Submitted June 2017. Funded: \$5,900. (January 2018-December 2018).

Role: Co-Investigator.

Kipp, L.E., Griffin, L.K., & Meaney, K.S. *Implementation and evaluation of the Texas State University Fun and Fit for Life Program*. City of San Marcos Youth Master Plan Grant Program. Submitted February 2017. Funded: \$3,000. (May 2017-April 2018).

Role: Principal Investigator.

Meaney, K., Griffin, L.K., **Kipp**, L.E. *Implementation and evaluation of the Texas State University Fun and Fit for Life Program*. United Way of Hays County. Submitted September 2016. Funded: \$5,500. (January 2017-December 2017).

Role: Co-Investigator.

Meaney, K.S., Griffin, L.K., **Kipp**, L.E. *Implementation and evaluation of the Texas State University Fun and Fit for Life Program*. City of San Marcos Youth Master Plan Grant Program. Submitted February 2016. Funded: \$5,000. (May 2016-April 2017).

Role: Co-Investigator.

Weiss, M.R. *Girls on the Run: Evaluating a physical activity-based youth development program in promoting social, psychological, and physical assets*. Reemprise Fund, Foundation for the Carolinas, from Girls on the Run International. Funded: \$77,324. (October 2015-September 2016).

Role: Consultant (statistical analysis).

Kipp, L.E. *Social influences and psychological and physical well-being among female adolescent gymnasts*. North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Student Research Grant. Funded: \$500, 2011. The purpose was to promote and support the scholarly activity of graduate student members of NASPSPA.

[Total External Grant Funding as a PI or Co-I: \$22,900]

2. Submitted, but not Funded, External Grants and Contracts:

Mettler, J.A., & **Kipp**, L.E. *Screening and prevention of sarcopenia with promotion of healthy lifestyle for middle-aged and older adults*. United Way of Hays & Caldwell Counties, \$9,000.

Submitted June 2020, in review.

Role: Co-Investigator.

Mettler, J.A., **Kipp**, L.E., McAllister, M., Fry, C. *Frequency-specific neuromuscular electrical stimulation and physical function in older adults*. National Institutes of Health, National Institute on Aging (R15), \$461,305. Resubmission.

Submitted June 2020, in review.

My role as co-investigator focuses on one of the three specific aims: quality of life outcomes, including self-perceptions and physical activity.

Mettler, J.A., **Kipp**, L.E., McAllister, M., Fry, C. *Frequency-specific neuromuscular electrical stimulation and physical function in older adults*. National Institutes of Health, National Institute on Aging, \$458,255. Submitted October 2019. Proposal was discussed and scored.

My role as co-investigator focused on quality of life outcomes, including self-perceptions and physical activity.

3. Funded Internal Grants and Contracts:

Kipp, L., Griffin, K., Deringer, A., Mettler, J., & Forsythe, S. *Enhancing mental and physical health of children and adolescents through innovative afterschool programs*. College of Education Social Innovation Research Accelerator, Texas State University. Submitted October 2019. Funded: \$13,396. (January 2020-May 2021).

Role: Principal Investigator.

Mettler, J.A., & **Kipp**, L.E. *Impact of neuromuscular electrical stimulation on physical activity in older adults*. Research Enhancement Program, Texas State University. Submitted October 2017. Funded: \$16,000. (June 2018-Dec 2019).

Role: Co-Principal Investigator.

Kipp, L.E., & Williams, R.D. *Psychosocial and physical well-being of early adolescent soccer players: A prospective study*. Research Enhancement Program, Texas State University. Submitted October 2015. Funded: \$14,867. (June 2016-September 2017).

Role: Principal Investigator.

Kipp, L.E. *Social influences and psychological and physical well-being among female adolescent gymnasts*. GradSEHD Research Grant, College of Education and Human Development, University of Minnesota. Funded: \$250, 2012. The purpose was to support data collection, data analysis, and publication costs for graduate student research in the College of Education and Human Development.

[Total Internal Grant Funding as PI or Co-I: \$44,513]

4. Submitted, but not Funded, Internal Grants and Contracts:

Kipp, L.E. *Psychosocial and physical well-being of early adolescent soccer players: A prospective study*. Submitted to the College of Education Faculty Pilot Research Grant Program, Texas State University, \$6,000, November 2015.

D. Scholarly / Creative Fellowships, Awards, Honors:

Outstanding Research Writing Award, 2016 (with M.R. Weiss and N.D. Bolter); Research Council for Society of Health and Physical Educators (SHAPE). For article published in *Research Quarterly for Exercise and Sport*, 2016, 87, 271-283: “Evaluation of The First Tee in promoting positive youth development: Group comparisons and longitudinal trends.”

Outstanding Research Writing Award, 2014 (with M.R. Weiss and N.D. Bolter); Research Council for Society of Health and Physical Educators (SHAPE). For article published in *Research Quarterly for Exercise and Sport*, 2014, 85, 263-278: “Assessing impact of physical activity-based youth development programs: Validation of the *Life Skills Transfer Survey (LSTS)*.”

Kipp, L.E. (2012). NASPSPA *Outstanding Student Paper Award* for “Social Influences and Psychological and Physical Well-Being Among Female Adolescent Gymnasts.” Award presented at the North American Society for the Psychology of Sport and Physical Activity Conference.

Kipp, L.E. (2010). *Eloise Jaeger Scholarship*, School of Kinesiology, University of Minnesota (\$2,000). The purpose was to “ensure that the best female and male students in the nation are able to participate in significant education and research initiatives designed to improve the lives of girls and women, their families and their communities.”

E. Scholarly / Creative Professional Development Activities Attended:

Texas State University

Grant Development Scholars Program by College of Education Research Office. Series of 8 workshops on grant funding, including finding funding; creating letters of intent, proposals, and budgets; and tips for after the proposal is funded. (January 2019 to December 2019)

Effective Strategies for Crafting Competitive Research Proposals for External Funding, by Academic Development and Assessment (March, 2016)

Finding Grant Funding, by Office of Faculty and Staff Development, and Office of Research and Sponsored Programs (October, 2015)

Overview of the Research Enhancement Program, by Academic Development & Assessment (September 2015)

Other

Workshop on Open-Science Practices by Society for Transparency Openness and Replication in Kinesiology, sponsored by the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) (June 2019)

Two-Day Professional Grant Development workshop, by Grant Training Center, Co-Sponsored with Texas A&M Health Science Center, registration paid by College of Education, Texas State University (September 2015)

F. Media Recognition:

IV. SERVICE

A. Institutional

1. University:

Texas State University

College of Education Representative, Managing Textbook Costs committee. The Provost appointed Dr. Sriraman, Associate Vice President for Academic Affairs, to lead a committee of the Association of Public & Land-Grant Universities (APLU) that is titled “Managing textbook costs.” Members meet monthly to work on a project leading to guidelines/recommendations for use at Texas State. I am also a member of a subcommittee called “Best Practices for Managing Costs and Open Education Resources.”

(Fall 2019 to present)

University of Kentucky

Faculty Advisor for Trampoline and Tumbling Club. Communicated with club president; provided support by attending practices.

(2013-2015)

2. College:

Texas State University, College of Education

Member, Outstanding Graduate Student Award selection committee
(Spring 2018)

University of Kentucky

Faculty mentor in the College of Education Peer Mentoring Program. Meet with upperclass peer mentors and freshmen mentees once a month to help promote the social, emotional, and academic success of College of Education students.

(Fall, 2014)

Student Success Team member. Collaborate with faculty and staff across the College of Education to discuss issues and plan events related to student success (e.g., living learning communities, recruiting and retention, graduation and careers).

(Summer 2014 – Spring 2015)

Focusing on Next Generation Learning work-group member. Attended monthly meetings with faculty across the College of Education to discuss how our college can recruit, retain, and effectively teach Next Generation learners.
(August 2012 – May 2013)

3. Department/School:

Texas State University, Department of Health and Human Performance

Chair, Exercise and Sports Science Graduate Admissions Committee. I work with 3 other committee members to review applications and make recommendations for acceptance to the graduate coordinator.
(Summer 2019 to present)

Chair, HHP Scholars Day Committee (student poster presentations). Work with committee members to plan and implement a student poster presentation event each December and May.
(Fall 2019 to present)

Member, Technology Committee. Attended meetings regarding technology needs in the department. Researched software and equipment pricing. Help plan technology workshops.
(Fall 2017 to May 2020)

Member, HHP Scholars Day Committee (student poster presentations)
(Fall 2018 to Spring 2019)

Member, Search Committee for Assistant Professor in Clinical Exercise Science
(Fall 2017 to Spring 2018)

Member, Exercise and Sports Science Graduate Admissions Committee
(Fall 2018 to Spring 2019)

Co-Chair, Exercise and Sport Science Graduate Comprehensive Exam Committee. Scheduled and attended meetings to discuss a redesign of the current option for ESS comprehensive exams. Sent out a survey to ESS faculty and analyzed their responses. Created and piloted exam in Fall 2018.
(Fall 2017 to Spring 2019)

Member, Exercise and Sports Science Graduate Curriculum Committee. Ad Hoc committees: Co-Chair, Strength & Conditioning and Sport Coaching Concentration; member, Interdisciplinary Concentration. We discussed potential courses to be included. Paperwork for the Strength & Conditioning and Sport Coaching Concentration was completed in September 2018.
(Fall 2016 to Fall 2018)

University of Kentucky

Program assessment scorer for the Annual Student Learning Outcomes Report for the Exercise Science Program
(Fall 2014)

Search Committee member for four lecturer positions in the Department of Kinesiology and Health Promotion
(June 2013)

Faculty Director of the Kinesiology and Health Promotion Living Learning Community
(2013-2015)

Student Travel Award Committee member
(2012-2015)

Illinois State University

Faculty Advisor for Leaders In Fitness Education (LIFE) Club
(2006-2008)

B. Professional:

Member, Sport and Exercise Psychology Program Committee for the 2020 North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference. Tasks included suggesting speakers, reviewing abstracts, reviewing applications for the Outstanding Student Paper Award, and posing questions to presenters at the 2020 virtual conference.
(June 2019 – June 2020)

Manuscript Reviewer. Review articles for Research Quarterly for Exercise and Sport; Journal of Sport & Exercise Psychology; Sport, Exercise, and Performance Psychology; Psychology of Sport and Exercise; Journal of Adolescent Health; Journal of Applied Developmental Psychology; Pediatric Exercise Science; Journal of Sports Sciences; Adapted Physical Activity Quarterly; European Physical Education Review.
(November 2012 – present)

Reviewed and scored 10 abstracts for the 2017 North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Conference.
(February 2017)

Research Abstracter for Journal of Sport & Exercise Psychology (JSEP) Digest. Read and summarized 2 to 3 articles, three times per year, relevant to JSEP readership; summaries are then published in each issue of the journal.
(March 2014 – March 2017)

C. Community:

Created and distributed a summary report for youth sport coaches. Provided a summary of study results to coaches whose teams participated in a study on well-being among female aesthetic sport athletes. Results were displayed in a 5-page “brochure” using practical terms with recommendations for coaches.

(August 2018)

Created and distributed a summary report for youth sport coaches. Provided a summary of study results to coaches whose teams participated in a study on sportspersonship among youth sport athletes. Results were presented in practical terms with recommendations for coaches.

(May 2015)

University of Kentucky, Lexington. After Office Hours event volunteer. Served on a faculty panel in a student residence hall to answer student questions about how to be a successful college student.

(October 2014)

University of Kentucky, Lexington. Move-in volunteer. Assisted freshmen and their families by helping transport belongings into the residence hall and answering questions.

(August 2014)

Created and distributed a summary report for youth sport coaches. Provided a summary of study results to coaches whose teams participated in my dissertation study. Results were presented in practical terms with recommendations for coaches.

(May 2013)

The Little Gym of Burnsville, MN. Physical activity instructor. Taught gymnastics and dance classes for children ages 3-9 years-old.

(May 2009 – May 2010)

Heartland Community College, Normal, IL. Career fair volunteer.

(April 2007)

Illinois State University, Normal. Volunteer coach and aerobics instructor 1-2 times per week for the women's gymnastics team.

(May 2004 – May 2008)

D. Organization Memberships:

North American Society for the Psychology of Sport and Physical Activity (NASPSPA)

(2009 to present)

Texas Chapter of the American College of Sports Medicine (TACSM)

(2016 to present)

American College of Sports Medicine (ACSM)

(2020 to present)

E. Service Honors and Awards:

F. Service Grants and Contracts:

1. Funded External Service Grants and Contracts:

2. Submitted, but not Funded, External Service Grants and Contracts:

3. Funded Internal Service Grants and Contracts:

4. Submitted, but not Funded, Internal Service Grants and Contracts:

G. Service Professional Development Activities Attended:

Updated 9/17/2020